Featuring Australia’s LEADING Performing Arts Institutions!

ARE YOU AUDITION READY?
KELLEY ABBEY & NATASHA CRANE
Getting Serious For That Crucial Day!

SETTING YOURSELF UP FOR SUCCESS!
PJ CLARKE, KELLEY ABBEY & MICHAEL DAMESKI
Making The Most Of Full Time Training!

MANAGING INJURY
KINETICA PHYSIO Caring For Common Dance Injuries!

NUTRITION NEEDS OF DANCERS
BODY FUSION Fuelling Full Time Dancers!

‘... Dare ... Dream ... Dance ...’
Welcome to the wonderful world of ‘full time’!

Are you ready to embark on an intense training period like no other you’ve ever put yourself out there for? Today there are literally hundreds of accredited training programs on offer at both a state and national level. From a Cert I through to an Advanced Diploma, or even a Bachelor degree and Masters in Dance! Which one will you choose? Which one suits YOU, your training needs, your aspirations and your bank balance? Why do you need to do full time anyway?

As the dance industry grows there is a clear need – and strong demand – to formalise the training structure, qualifications and recognition of Registered Training Organisations (RTO) able to deliver the appropriate training to aspiring teachers and performers. There are now clear pathways to progress from Vocational Educational and Training (VET) qualifications onto Higher Education dance and performing arts programs, designed to set benchmarks and lift standards.

Now, it is even more important than ever to be officially qualified as a dancer in today’s competitive environment. Graduates from a full time program – whether accredited or not - are in a much better-prepared position to take on work in the real world than others.

Being suitably qualified also ensures that employment in the arts is respected, easily assessed and financially rewarded. Qualifications are designed to prepare performers with the necessary skills and knowledge to be able to earn a living in the performing arts industry and include marketing, self-promotion, technique, finances and management. However, it is important to note that there are still many studios and organisation offering privately designed and operated full time courses that produce highly-skilled, employed and successful performers in the arts world – especially within particular genres (e.g. classical ballet) that are not formally accredited.

RTOs – both public and private – can offer National qualifications within the CUA11 structure (Live Performance). A course can be on a part time or full time basis, and a private dance studio that is a RTO can concentrate on developing skills in a particular genre such as ballet, musical theatre or acrobatics.

Certificate, Diploma or Degree?

A Certificate is usually delivered by TAFE, community education and Registered Training Organisations (RTOs) and is the basic qualification to prepare students for employment and further education. Certificates I-II provide basic dance skills and knowledge; Certificates III-IV provide more advanced skills and Certificate IV is also generally accepted by universities to be the equivalent of 6-12 months of a Bachelor’s Degree.

Diplomas, Advanced Diplomas and Associate Degrees normally take between 2-3 years to complete and are generally considered to be equivalent to 1-2 years of study at degree level. Universities, TAFE, colleges, community education centres and private RTOs usually deliver these courses.

A Bachelor Degree is the standard university qualification and is recognised worldwide. Most courses take 3-4 years to complete. Honours can be achieved with additional study or performance at a distinction level. A Masters degree requires a further 2-3 years study.

Fee Structure

Full time performing arts courses attract an annual fee somewhere between $7,000 and $18,000 which may seem expensive but it does align equally with the cost of tuition for a year in a university degree course. Unfortunately the government cut VET fee help for dance and performance arts courses in 2017 which means that all students must now pay up front or negotiate a payment plan with their course provider. To find out more, please contact the training institutions in this guide for full details of each course fee and the payment plans available.

Mindful Training

Inside this year’s guide you will find golden nuggets of information and advice from some of our industry’s most prominent and respected leaders to help you not only find the right course for you, but help you tackle the day-to-day challenges that training full time will undoubtedly present. Keeping yourself healthy – mind, body and soul – throughout full time training is not only wise but a necessity to ensure you fulfil your goals and keep your eyes firmly on the ‘prize’ of graduation!

So … Whether you choose to further your dance and performance studies via formal or private courses, you are assured to be setting yourself up for the best possible success as a future performer or teacher in the amazing arts world!

In this Full Time Courses Guide by DanceLife Australia you will find some of the most reputable and consistently successful studios/organisations in producing employed artists in today’s industry. Please give them your consideration.
CONTENTS...

FEATURES

4 Are You Audition Ready?
Getting Serious For That Crucial Day - Kelley Abbey & Natasha Crane

22 Nutrition Needs Of Dancers
Fueling Full Time Dancers - Body Fusion

40 Setting Yourself Up For Success
Making The Most Of Full Time Training - PJ Clarke, Michael Dameski, Kelley Abbey

52 Managing Injury
Caring For Common Dance Injuries - Kinetica Physiotherapy

FULL TIME COURSES

8 American Musical and Dramatic Academy (USA)
10 Australian College of Physical Education (NSW)
12 Brent Street (NSW/QLD)
14 Broadway Dance Center (USA)
16 Conlan College, The (NSW)
18 Dance Force (NSW/QLD)
20 Dynamite Studios Academy (QLD)
24 EDS5 International (NSW)
27 Empower Dance
28 Ettingshausens (NSW)
30 Ev & Bou (NSW)
32 FSDance & College of Creative Arts (NSW)
34 Jason Coleman’s Ministry of Dance (VIC)
36 Lee Academy - Full Time (NSW)
38 Lee Academy - High School (NSW)
42 McDonald College, The (NSW)
44 National College of Dance (NSW)
46 National Institute of Circus Arts (VIC)
49 Newcastle Ballet Theatre (NSW)
50 Next Step Performing Arts Professional, The (NSW)
54 Principal Academy of Dance and Theatre Arts (WA)
56 Spectrum Dance (VIC)
58 Sydney College of Dance (NSW)
60 Tanya Pearson Academy (NSW)
62 Village Nation Performing Arts (NSW)
64 Western Australia Academy of Performing Arts (WA)
Are You Ready To ...

Audition?

If you are serious about becoming a professional performer, you need to get serious about auditions. Transferring your talent and personality from the studio class to the audition room means you have to dial-it up, let go of any apprehensions and be BRAVE!

DO YOUR HOMEWORK

• Research the schools/organisations that best suit you. What are the fees and payment plans? What are the training hours? Will it give you a recognised qualification?
• What jobs are their graduates doing now? What are the strengths and weaknesses of the school? And do they match your skillset and career objective? There is no point going to a school renowned for producing commercial artists if you want to be a company contemporary dancer.
• What complimentary subjects and opportunities are offered by the course? Such as performances, tours, physical therapy, industry contacts, assistance with portfolios and self-marketing etc.
• Contact the schools you are interested in and ASK QUESTIONS! Find out the auditions dates and locations and REGISTER EARLY. Make yourself known to the school and present yourself in a professional and mature manner from the very start. Your audition actually starts way before you enter the audition room!
• If you are wanting to be considered for a scholarship, make sure you have double-checked all the paperwork required and registered for the correct audition date – scholarship auditions are usually different to open auditions.
• Make sure you know what will be expected of you at the audition. What dance styles? Types of clothing and shoes? Will you be expected to improvise? Do you need to prepare a song or spoken monologue? Do you need to bring sheet music or backing tracks?

PRACTISE, PRACTISE, PRACTISE!

To give yourself the best opportunity of achieving your goals as a performer is to do as much physical preparation as possible. The only way to get better as a performer is to actually perform, and the only way to be more confident at auditions is to do as many as possible!

Get along to as many open classes and audition classes as you can afford and manage – before you get to the ones that really matter to you. Challenge yourself by doing different genres and with different teachers when possible. Sing and act even if these are not your strong points; do hip hop even if you are a ballet dancer … because studios are looking for performers who are willing to embrace new things, learn and believe in themselves without fear of embarrassment.

Also, before audition day, be sure to test out your hair and make-up and outfits that suit both you and the school you are applying for – you need to be confident and comfortable in order to let your personality shine through.

AUDITION DAY

The aim of the day is to show your strengths and versatility, that you can follow instruction and choreo and BE NOTICED! This is not the time to be cautious. Natasha Crane of Crane Creations choreography has been involved in numerous auditions and says students need to expect anything and everything at an audition.

“Some of the things you will be asked to do may catch you by surprise. Such as being asked to do a solo or talk about yourself in front of everyone. Do your best to embrace it all no matter how uncomfortable or embarrassed you feel because it is all just to test you and see how you will handle challenges as a full time student.”

Nervousness can also be a problem, but Natasha advises to put the audition into perspective. “You are auditioning to get into a course to train further so no one is expecting you to be already perfect and career ready. Personally, I look for people who are up for a challenge and can handle it in a fun and positive way.”

• Arrive early, ready and prepared.
• Listen carefully to the instructors and focus on each task as it occurs
• Be nice! While you want to stand-out you don’t want to be seen as the rude, arrogant one. Friendliness and being polite will carry you further in this industry than just being a talented dancer. The people in the audition room may be your
Natasha Crane is an international choreographer and performer with a Diploma in performing arts and extensive range of experience. She has worked as a performer/creative in movies, TV and commercials through to cruise ships, revues, musical theatre and with many international music artists. Natasha has a strong passion for the health and sustainability of the entertainment industry globally. Natasha also offers personal life coaching sessions for young performers to help with things like performance anxiety, goal setting, directions and positive mindset.

natashacranecreations.com      natashacranecreations      natashacranecreations      natashacranecreations@gmail.com

If dance is really what you want then ... DO NOT GIVE UP!

by Natasha Crane
Natasha Crane Creations

competition, but they will also be your friends and professional network in the future.

• Be professional. Your audition starts from the time you lodge your application form and on the day you need to carry this through. Do not sit or slouch. Look attentive, keep busy and listen. Be respectful to your peers and the teachers.

• Harness your nerves to give you energy. Be present in each moment and don’t dwell on things you have already done.

• Take risks. Don’t hold back in trying new things, but don’t embellish on choreo unless asked to.

• Have fun and let your unique qualities shine. Schools look for potential and individuality; they do not want everyone to be the same.

• Welcome feedback. You may not get the result you want from your audition, but try to take on feedback positively so you can apply it in the future.

Whether you get accepted into a course or not from your audition, it is important to remember that there will be other opportunities. If dance and performance is really what you want to do then DO NOT GIVE UP! Keep auditioning, try next year, talk to people in the industry about how to improve and learn what makes you special as an artist. Remember, the audition process itself is a great learning experience, one to be grateful for, and the more you do … the easier they get.
... the number one destination for all Australian Dance and Musical Theatre - DanceLife brings our industry together like no other resource before it..

“I’m so happy that DanceLife was created. Finally a way for our dance community to catch up, get informed, plug in and be inspired. It’s about time our industry was nurtured by a website like DanceLife”

- KELLEY ABBEY (Choreographer & Performer)
“WAAPA’s dance program provides 21st century training for the dancer of today. Intensely rigorous with numerous performance opportunities, international visiting artists, pathways and exchange programs, WAAPA is the only choice for professional dance training.”

- Nanette Hassell, Head of Dance
Western Australian Academy of Performing Arts

“Full time dance is a perfect choice when you have a very healthy approach to it. It’s good to look at it as a ‘finishing’ year – being a final celebration after dancing and performing through your childhood. You have to be your own driving force, motivation and direct your own destiny. At Village Nation, our heads of department are all mature, ex-performers with a wealth of knowledge and experience of the ‘ins and outs’ of the industry. They are there to guide you spiritually, morally and holistically. This is coupled with our younger choreographers who are there to expose and develop the students to the latest styles of choreography that can only be delivered by people currently working in the industry. This way you get the best of both worlds in our industry.”

- Briden Starr, Director
Village Nation

“I desire to impart my personal experiences gained with The Australian Ballet Company with my time spent daily in the studio now at the Academy. I hope to inspire and educate young dancers to self-excel and have a strong work ethic needed for a potential career by creating adaptable dancers. In 2018 we added a new Full Time Dancer’s Program, a classical based program with emphasis on the contemporary dancer, which has been very successful, and we will be building on this with a new intake in 2019. I’m a firm believer in teaching students allied subjects such as nutrition, anatomy, mental wellbeing and psychology while also meeting academic requirements with our tutoring program on site. The expectations of performers should not be purely technical – we must nurture and develop artistry and quality that can so easily be lost.”

- Lucinda Dunn OAM, Artistic Director
Tanya Pearson Academy

“Many young dancers go off to pursue a professional career to return home despondent, giving up on their dream after one too many audition rejections. The good news is that we have created a full time dance program, ArtistPro International, to enable graduates to emerge as complete dancers who are ready to work and succeed in a professional dance environment and stand out in the Audition process. We are fully aware about the importance to nurture the individual artist who has the ability to collaborate with choreographers and adapt to different styles. With our individualised training and incremental approach, we help students to be confident, developing their resilience, artistic excellence and emotional readiness to be highly employable in this profession.”

- Xanthe Geeves, Artistic Director
Sydney College of Dance

“At Spectrum Dance we transform your creativity and passion into a career! Our focus at Spectrum is to train our students to be the most versatile and employable performers. Limited to 65 students spread across our amazing range of courses allows us to give personal attention to all our students. Spectrum is a home away from home where our pre-professional students are guided and mentored by our core faculty of internationally renowned industry leaders. Spectrum prides itself on ensuring all students receive the benefit of current industry expertise from our faculty and are encouraged to work in the entertainment and performance industry as a part of their training with the support of Spectrum Talent Agency. At Spectrum you will ‘Be Known’ and ‘Be Seen’.”

- Trish Squire Rogers, Co-Director
Spectrum Dance

“Full time study instils in students the skills, disciplines and endurance necessary to the performer’s working world. It provides them with a comprehensive range of skills, knowledge and understanding, which allows them to be versatile and adaptable to any situation. At Principal Academy it is our firm belief that performance of any kind is a full body and mind experience. To achieve this, we ensure that all our performers are clearly and dynamically expressive in their performance and that they have the technical expertise to fully achieve this.”

- Phil Talbot, Director
Principal Academy

“TNSPA.PRO is an exclusive artist development course. Our training is elite both physically and mentally. We help young performers find their place in the industry and, most of all, their drive to lead them into the professional world. TNSPA.PRO is integrated with The Jason Winters Experience making this course versatile in its design, innovative in its style and taught by industry leaders. Our launch this year has been a proud success and we can’t wait to see what talent 2019 brings. TNSPA.PRO is a journey and a true process of self discovery … it’s an experience!”

- Kris Lewis, Creative & Program Director
TNSPA.PRO
COURSES:
Bachelor of Fine Arts
Certificate Programs

AUDITION DATE:
Admission to AMDA requires an audition. AMDA offers numerous audition opportunities in locations throughout the United States and the world. You must be a junior or senior in high school or a high school graduate for your audition to be considered for acceptance into the Conservatory and BFA programs. Audition schedule here: www.amda.edu/admissions/audition

COURSE DESCRIPTIONS:

A COLLEGE AND A CONSERVATORY ALL IN ONE
Whether you choose a Conservatory or BFA Program, you'll receive intensive, hands-on instruction from the best and brightest professionals in the industry. Emphasising creative maturity, stylistic depth and professional excellence, every program the school offers is designed to help you reach your full artistic potential through a deep-rooted foundation in the performing arts.

BACHELOR OF FINE ARTS – DEGREE PROGRAMS
Designed to transform talented individuals into well-rounded artists, the Bachelor of Fine Arts Programs combine a comprehensive college education with rigorous conservatory-level artistic training. BFA Degree Programs are offered through AMDA Los Angeles; however, you may choose to spend one term at AMDA New York.

CONSERVATORY PERFORMING ARTS – CERTIFICATE PROGRAMS
The Conservatory Performing Arts Programs focus on intensive, practical instruction that provides a solid foundation for a successful career in the performing arts. All Conservatory Programs are offered through AMDA New York and AMDA Los Angeles.

SUBJECTS:
Acting, Music Theatre, Dance Theatre & Performing Arts
THEATRICAL, COMMERCIAL & CONCERT DANCE

AMDA
NEW YORK CITY CAMPUS
The American Musical and Dramatic Academy
LOS ANGELES CAMPUS
AMDA College and Conservatory of the Performing Arts

BACHELOR OF FINE ARTS
DEGREE PROGRAMS
PROFESSIONAL
CONSERVATORY PROGRAMS
800.367.7908  amda.edu
COURSES:
Bachelor of Dance Education  
Bachelor of Dance Practice  
Bachelor of Health Science (Dance)

AUDITION DATE:
Auditions held at Sydney Olympic Park campus. Contact ACPE’s on newstudents@acpe.edu.au or call 1300 302 867.

COURSE DESCRIPTIONS:

Bachelor of Dance Education — A specialist professional qualification unique in Australia in that it provides the knowledge and skills to become qualified as a Dance & Physical and Health Education teacher. The degree develops in each student the requisite pedagogical knowledge and understanding to be an effective classroom ready teacher. Students will be provided with school based practical experiences throughout their degree.

Subjects: Dance History, Foundations of Dance, Skill Acquisition, Dance Composition, Dance Production, Popular Dance Styles, Musculoskeletal Anatomy and Physiology, Professional Experience, Classroom Skills, Classical Dance Styles, Child and Adolescent Development, Dance Analysis, Social Influences and Student Diversity, Elements of Movements, Aboriginal and Torres Strait Islander Education.

Bachelor of Dance Practice — A specialised degree designed to produce graduates who are able to work in a range of capacities in dance development and the dance industry. The Bachelor of Dance Practice provides students with the skills and knowledge required to be leaders within the dance industry and with a wide range of community groups, in roles such as teachers, facilitators, and administrators.


Bachelor of Health Science (Dance) — Designed to enhance a student’s understanding of synergies between dance and health science and facilitates work in both public and private organisations across a range of occupations. Given the main instrument in dance is the human body, students learn how to apply scientific principles to dance movements and develop greater understanding of dance techniques and risks associated with improper execution.


Download the course brochure at acpe.edu.au for the full course lists.

TEACHERS:
ACPE’s dance teaching staff have had varied and extensive professional careers as dancers, choreographers, directors, studio owners and more. Many staff teach at ACPE whilst working in the professional dance industry, bringing real world knowledge to the classroom. All teaching staff are passionate educators and experts in their field of teaching.

"I was looking for a degree that would set me up as a dance teacher and a Physical and Health Education teacher. ACPE seemed the best option. I’m learning a lot from everyone, which says a lot about the college. There’s not one brilliant teacher, they are all brilliant and inspiring."

- Ellie Shinas,  
ACPE Cheer & Dance Captain
MAKE YOUR MOVE IN THE DANCE INDUSTRY

Study a Bachelor of Dance Education, Dance Practice or Health Science (Dance) at ACPE to get your career in dance moving. Visit acpe.edu.au for more information, open days, and audition dates.

Bachelor of Dance Education student Erica Thigpen in the ACPE studio.
COURSES:
Certificate IV in Dance – Brent Street on the Gold Coast  [CUA40113]
Diploma of Dance (Elite Performance) – Classical Contemporary  [CUA50113]
Diploma of Dance (Elite Performance) – Performing Arts  [CUA50113]
Diploma of Musical Theatre  [CUA50213]
Certificate IV in Dance Teaching & Management  [CUA40313]
Brent Street Academy (Year 9-12) + Cert IV in Dance in Yrs 11-12  [CUA40113]

AUDITION DATES:
Sydney: Scholarship Audition Round 1 – Sunday 15th July
Scholarship Audition Call Backs – Sunday 29th July  (More dates TBA)

COURSE DESCRIPTION:
Cert IV in Dance at Brent Street on the Gold Coast – 1 year: Designed to produce a versatile, employable and technically diverse dancer trained across all genres of performing arts to meet current industry demands.

Diploma of Dance (Elite Performance) in Classical Contemporary – 1 year: A technically diverse course to prepare dancers who aspire to work in professional classical/contemporary dance companies.

Diploma of Dance (Elite Performance) in Performing Arts – 1 year: Brent Street’s signature performing arts training program is an intensive course based around the ‘Triple Threat’ performer ideals of Dancing, Singing and Acting to best ready them for a career in the competitive commercial dance and musical theatre industries.

Diploma of Musical Theatre – 1 year: Designed for students either with a background in singing, dancing and acting or who excel in one or two performance areas and wish to refine their skill sets in the others and extend their musical theatre performance skills to a professional level. Programmed in consultation with Caroline O’Connor.

Cert IV in Dance Teaching & Management – 1 year: Equips you with the skills to work in a range of dance teaching contexts in both large organisations and private dance studios. The leadership, management and mentoring skills you acquire in this course along with practical hands-on training is second to none and guaranteed to produce the next generation of exceptional teachers.

Brent Street Academy – Years 9-12: A full time Pre-professional Program for school-aged students who display exceptional talent in the performing arts combined with a commitment to completing years 9-12. All academic studies are through Cairns School of Distant Education (CSDE). Students also have the option of completing a Cert IV in Dance in this program.

TEACHERS:
Australian & International artists including Rob Rich (LA), Maleek Washington (NYC), Matt Lee, Rani Luther, Stephen Tannos, Ryan Gonzalez, Chris Tsattalios, Sophie Holloway, Ellen Simpson, Suzanne Steele, Cooper Terry, Max Trengrove, Sela Vai, Blake Wood, Matt Ogle, Stephen Perez, Catrina Ralph, Mitchel Rayner, Alice Robinson, Nisrine Amine, Shannon Hanrahan, Gaynor Hicks, Kyle McKenna, Jake Murray, Mark Hill, Matt Antonucci, Neven Connolly, Samantha Dodemaide, Lauren Elton, Kino McHugh, Leanne Carey, Omer Blackley-Astrachan, Natalie Ayton, Joel Thomas, Dean Walsh, Jessica Hesketh, Jazz Luna, Vi Lam, Luke Mercado-Frace, Lucy Doherty, Ben Zammit, Adam Blanch, Kristina Chan. More faculty at brentstreet.com.au/about/our-team/

“Both courses that I studied I love... The PA course was physically challenging, but I loved every minute of it! Being able to study and train in what you love alongside great friends who all want the same thing is awesome. All the teachers at Brent Street are amazing and inspire and challenge you one way or another! However, looking back on it, I now realise I didn’t necessarily know what my purpose in the industry was which is why I’m forever grateful to have been pushed by Lucas and Darren into the direction of Musical Theatre. My training at Brent Street has opened doors in the industry. I’ve danced at corporate events, featured in a music video, starred in a TVC and I am currently in the rehearsal process for an Opera Australia’s production … I consider myself very lucky to have scored this job straight out of full time.”

- Joel Houwen,
2017 graduate
Introducing Brent/Street x Gold Coast 2019

CUA40113 Certificate IV in Dance

mitchell@brentstreet.com.au
COURSE:
International Student Visa Program

APPLICATIONS DUE:
17th August 2018  (start 1st October 2018)
19th October 2018  (start 3rd December 2018)
21st December 2018  (start 4th February 2019)
15th February 2019  (start 1st April 2019)

COURSE DESCRIPTION:
Broadway Dance Center’s International Student Visa Program (ISVP) is a full-time training program for international students ages 18-27. Immerse yourself in American culture and enjoy NYC’s vibrant dance community with students from more than 92 countries worldwide!

- Choose a program of 3 months, 6 months or 1 year of intensive study with the option to extend.
- Create a course structure based on your goals and chart your progress with the aid of a student advisor.
- Each week, choose 12 classes from our open-class schedule (over 350 classes weekly) in a variety of styles and levels.
- Supplementary ISVP-only master classes.
- Performance Project with free rehearsal space.
- Faculty Mentoring.
- Nurturing full-time staff on hand to help guide your studies.
- State-of-the-art studios in the heart of the Broadway Theater District.

BDC’s ISVP Professional Semester is another option for international dancers. This 4-month course is designed for the aspiring professional dancer looking to launch their career. Our comprehensive syllabus includes multi-disciplinary technique classes, practical seminars to educate you on the industry, mock auditions to provide real-world experience, and numerous networking opportunities to secure your footing as a working artist. For more information, visit www.broadwaydancecenter.com/training/ISVP-professional-semester

SUBJECTS:
Classes are for students at levels Basic through Advanced. Choices include: Ballet, Jazz, Lyrical, Contemporary, Musical Theater, Hip-Hop, Breaking, Tap, Voice, Stretch, Pilates, Yoga and more!

TEACHERS:
Comprising more than 100 professionals, our faculty is fully committed to your development and training. You are sure to find a favorite teacher in this diverse group! Our teachers work professionally in various fields and bring their expertise and knowledge into the classroom. Please see our website for full list of current and guest faculty.

FEES:
3 mths – US$2,550 (no vacation), 6 mths – US$4,650 (1 wk vacation), 1 yr – US$8,950 (2 wks vacation)
Tuition rates subject to change. NB: There is an additional fee of $200.00 payable to the US Government Student Exchange Visitor Information System (SEVIS) for all M-1 applicants. This fee must be paid prior to obtaining the M-1 visa, and instructions on how to pay this fee will be included in your I-20 Acceptance Packet.

“I loved the opportunity to perform in the Performance Project! It was such a great experience working closely with people from all over the world. It is so different, inspiring and challenging compared to working with whom and what you already know. I couldn’t think of anywhere else where I would get an opportunity to produce a piece together with someone from a different culture who speaks a different language! It was so rewarding and I feel as though I learned so much as a dancer. Thanks BDC!”

- Kristi Cini  Australia
Join dancers from around the globe and experience the vitality of NEW YORK CITY, the dance capital of the world. IMMERSE YOURSELF in dance and American culture with the most celebrated dance community in the world!
COURSES:
Traditional Day School Program – Ages 13-16
Certificate IV in Dance (Elite Performance) [CUA40113]
Advanced Diploma in Dance (Elite Performance) [CUA60113]

AUDITION DATE:
Private auditions available from June 2018 or by video application.
Please contact info@conlancollege.com for video application details.

COURSE DESCRIPTION:
The Conlan College combines a world class faculty of teachers with beautiful state of the art studios, in a warm and nurturing environment that treats every student as a person and not a number. Individual attention in small classes allows us to boast a 100% placement rate for all full time graduates. If you are keen to demonstrate your outstanding work ethic alongside a talented and dedicated group of highly successful students, then we look forward to hearing from you.

Day School – Ages 13-16: The aim is to focus on each student to ensure they follow their own individual path, whether that is to an elite classical finishing school, a contemporary career, a university course, teaching or other goal. Our Day School Course runs generally for younger full time students, although older students will be considered based on individual circumstances.
Subjects include Vaganova classical and character, RAD Classical, Martha Graham Contemporary, Cunningham Contemporary, Open Class, Pas de Deux, Partnering, Choreography, Repertoire, Improvisation, Company Class, Jazz, Eisteddfod Groups and Solos.

Certificate IV in Dance (Elite Performance) [CUA40113] – Delivered as one year, full time course offered to students who have completed year 10 or above. The aim of the course is to provide students with the skills and technical competency to move on to the Advanced Diploma in their second year of training. Subjects include classical ballet, contemporary, conditioning, improvisation, jazz, pointe, yoga and others.

Advanced Diploma in Dance (Elite Performance) [CUA60113] – Delivered as the second year of full time training aimed to equip students to move on towards a career in the industry. Subjects include classical ballet, contemporary, conditioning, improvisation, jazz, pointe, yoga and others at a more advanced level than the Certificate IV Course.

TEACHERS:
Please visit our website at conlancollege.com for bios of our world class faculty:

“The Conlan College is a warm and welcoming community. Everyone at the studio is focused and striving for their personal best. I’m so thankful to all the teachers for changing my life by believing in me and showing me that anything is possible. The teachers are outstanding and put all their time and effort into every single student. It is an honour and a privilege to be surrounded by incredible and supportive people every day.”

- Tianna Koolloos
Day School Student
The Conlan College

Full time and part time courses available
Certificate IV in Dance CUA40113*
Advanced Diploma in Dance CUA60113 for 2019*
100% placement rate for full time graduates

Please call or email to arrange a free trial class or audition
Ph: (02) 9144 6532   info@conlancollege.com
www.conlancollege.com

*Offered in partnership with ATOD RTO 31024
COURSES:
Certificate III in Dance  [CUA30113]
Certificate IV in Dance  [CUA40113]
Pre-Professional Year

AUDITION DATES:
Wellington at Kairos Dance Convention: Saturday 30th June & Sunday 1st July
Auckland at Kairos Dance Convention: Saturday 7th & Sunday 8th July
Sydney at the Australian Dance Festival: 14th – 16th September, 2018
Video submissions accepted through www.danceforceoz.com.au/events

COURSE DESCRIPTION:
Train where you know you will get results — Dance Force has quickly become a leading studio in Australia as we seek to provide students with the best tutoring and courses and assist students in successfully securing work in the industry. We pride ourselves on having a large percentage of graduates working in the industry after graduation from our full time dance courses. We only accept limited students so that each individual receives the personal attention they need to ensure they achieve their individual goals.

Industry Opportunity — Industry Fridays: Dance Force Students get the privilege of an interstate guest teacher being flown in weekly. This allows students to make valuable industry connections as well as learn from the choreographers’ wealth of knowledge and experience.

Australian Grad Tour — We are the only commercial full time course that has a tour. Not only does this give students a learning experience like no other, but their talent is seen by agents and potential employers from all over the country, providing even more opportunities for them to be employed following graduation. This was extremely successful in 2017 and we are planning an even bigger and better tour this year. This is an opportunity you will only get at Dance Force!

TEACHERS:
Nicole Wells, Heidi Jennings, Ben Veitch, Carly O Conner, Ngavaine Tearea, Troy Phillips, Midori Lotz, Yukino McHugh, Sam Dominic, Blake Wood and many more.

“Dance Force is my second family. They have given me many opportunities to learn from the best teachers & choreographers from Australia and around the world, doing what I love. I have made life long friendships that I will be forever grateful for. I love that Miss Nic stays in touch and still supports and encourages me throughout my career journey. I will continue to learn and train at Dance Force in between my contracts. Love my DF family.”

- Blake Varga
2016 Graduate (Jeep Management, The Bodyguard, Celebrity Cruises)

“Dance Force made me a confident, versatile dancer. I grew into the person I am today with guidance from so many amazing mentors. I wouldn’t be the dancer, goal-setter or person I am today if I hadn’t trained at Dance Force. I thank them for always being there for me to keep up my training all these years later… it will always have a special place in my heart. It’s home.”

- Holly Mackie
2014 Graduate (Moulin Rouge dancer, Celebrity Cruises)
DANCE FORCE

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We pride ourselves on having a large percentage of graduates working in the industry after graduation. We only accept one group of students so that each individual receives the individual attention they need to ensure they achieve their goals.

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COURSES:
Full Time High School – Years 7-12
Certificate II in Dance [CUA20113] & Certificate III in Dance [CUA30113]
Certificate IV in Dance [CUA40113]
Certificate IV in Dance Teaching and Management [CUA40313]
Diploma in Dance (Elite Performance) [CUA50113]
Diploma of Musical Theatre [CUA51213]

AUDITION DATE:
Sunday 15th July at DSA studios. Video audition submissions also accepted.

COURSE DESCRIPTION:
Dynamite Studios Academy (DSA) is far more than a Performing Arts organisation. Nestled in the heart of the Gold Coast’s entertainment precinct, DSA programs are the perfect blend between dance-industry training, experience and education for the purpose of creating well-rounded artists. Created with the purpose to inspire and facilitate excellence in dance education, DSA has an impressive team of creative, qualified and experienced artists in its lineup of trainers, assessors and choreographers including internationally renowned artists and three qualified secondary school teachers. DSA prides itself on guiding students to reach their fullest potential, mentoring students on career pathways so they can leave the Academy with qualifications, confidence and resources for a successful career.

Certificate II & III in Dance – A part time program offered to students in Year 9 and above; usually delivered in one full day per week over a two-year school period. Stream one: Commercial Dance and Musical Theatre. Stream Two: Classical & Contemporary.

Certificate IV in Dance – Delivered as a 1-year full time or 2-year part time program that a high level of participation and time management as it is the link to the world of professional performance. The workload is intensive and challenging and the rewards are endless. DSA has built strong links with industry professionals nationally and overseas and has established their Certificate IV program based on that collaboration and developed benchmarks. DSA also recognises that talent is developed at various stages, as is technique and stagecraft.

Certificate IV in Dance Teaching & Management – Aims to facilitate the development of professional skills in business operations, lesson planning, first aid and learning program development as well as a broad range of elective subjects. Designed for the dance teacher by experienced dance teachers and managers.

Diploma in Dance (Elite Performance) – This 1-year full time program is the next step in the professional dance-training journey. The Diploma focuses students on developing skills and knowledge necessary for a successful career, setting and achieving goals in real-world situations. Stream one: Commercial Dance – incorporates Contemporary, Showgirl, Ballet, Commercial Jazz, Lyrical, Hip Hop, Tap, Musical Theatre Conditioning, Stretch and Technique and Fitness. Stream Two: Circus – a blend of Dance, Circus Arts, Acrobatics, Aerial, Tumbling, Fitness & Conditioning.

Diploma of Musical Theatre – An intensive 2-year training program for students who have the potential to achieve excellent standards in the three core disciplines of singing, acting and dance. This program aims for each student to develop the rigor and skill to be competitive in the industry and graduate with highly developed skills in dancing, singing and acting. Classes are singing, acting and dancing, ensemble, solo and musical theatre repertoire.
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OFFERING NATIONALLY ACCREDITED QUALIFICATIONS

- CUA20113 Certificate II in Dance
  Commercial Dance, Musical Theatre and Contemporary/Classical Stream

- CUA30113 Certificate III in Dance
  Commercial Dance, Musical Theatre and Contemporary/Classical Stream

- CUA40113 Certificate IV in Dance

- CUA40313 Certificate IV in Dance Teaching & Management

- CUA50113 Diploma of Dance (Elite Performance)

- CUA50213 Diploma of Musical Theatre

- Performing Arts High School (Years 7-12)

- Circus Arts Course

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FUELLING FULL TIME

Dancers

Nutrition for dance can be quite complex. Not only do you need to ensure that you're giving your body enough energy to perform its best, you also need to have the right balance of macronutrients, like carbohydrates and protein, and be sure you're getting enough micronutrients. If you want to know more about using nutrition to optimise your dancing performance – listen up! Here’s our quick guide to nutrition for dance.

TOTAL ENERGY
The energy we take in from food is measured in kilojoules, which come from three macronutrients: carbohydrates, protein and fat. Young dancers need a lot of energy not only for their healthy growth, development and recovery but to fuel their bodies for activity and get the most out of their dance classes.

The specific amount of energy needed for each individual is quite unique, as it depends on factors like age, gender, weight and level of activity – but don’t worry too much about this, an Accredited Practising Dietitian can calculate it for you.

FROM WHERE SHOULD YOU GET THIS ENERGY?
So, you know you need enough energy to make the most out of your training, but now you need to understand the best way to get this energy. After all, it’s not all just about numbers! The quality of fuel we put into our bodies is paramount too.

Most dancers fear carbohydrates, but trust us; there is no need to fear carbs at all! Instead, make them your friend, because our bodies actually prefer to use carbohydrates as energy – much more so than protein or fat. The trick with carbs is to simply choose the right type.

“What is the right type?” I hear you ask. Well, to answer that, we need to take a step back. Here’s a quick science lesson: when we eat carbohydrates, our bodies break them down into glucose, which enters the bloodstream and can either be used immediately for energy, or taken to the muscles and liver to be stored and used later.

The rate that glucose enters our blood stream can vary, from quite quickly to rather slowly. In general, you want carbs that are slowly released, because it will provide a steady stream of energy and keep you feeling satisfied and running on our best petrol. Slow release carbohydrates are found in wholegrain bread, oats, quinoa, sweet potato, dairy foods such as cheese and yoghurt, and most fruits like bananas or apples. In comparison, quick release carbs are found in foods like white bread, lollies, watermelon, rice biscuits and soft drinks.

WHAT ABOUT RECOVERY?
Foods that contain protein are also key; as they help to build, maintain and repair muscle mass but are also essential for growth. The obvious foods that contain protein are meat, chicken, fish and eggs, but you can also get a substantial amount of protein from dairy foods, tofu, legumes, nuts and seeds. You should include small amounts of protein regularly throughout the day, particularly in the first hour after dancing. We call this the ‘window of opportunity’, when our bodies take up carbohydrates and protein at a quicker rate for recovery.

by Melissa Meier & Ashleigh Brunner
of Body Fusion
Most dancers fear carbohydrates, but trust us ... there is no need to fear carbs at all! Instead, make them your friend.

PUTTING IT ALL TOGETHER
You might be wondering how on earth you can put this all together? We want to encourage you to remember that everyone is very unique with what they require for their nutrition for dance. However, here is an example of some meal and snacks some of our current dancers use:

**BREAKFAST**
- Natural muesli with yoghurt and berries
- Boiled eggs on wholegrain toast with a quarter of an avocado
- Homemade baked beans with wholegrain toast

**LUNCH**
- Tuna and salad sandwich on multigrain bread
- Chickpea salad with roasted vegetables
- Homemade chicken and pesto pasta

**DINNER**
- Fish, sweet potato and salad
- Roasted chicken, corn and vegetables
- Roasted vegetable frittata with feta cheese, served with wholegrain bread

**SNACKS**
- Homemade smoothie with milk, fruit and nuts
- Multigrain crackers with light ricotta and tomato
- Healthy homemade muffins made with oats

Don’t miss the opportunity to gain an edge over the competition!
COURSE:
Advanced Diploma of Performing Arts [10149NAT]

AUDITION DATES:
Brisbane: Saturday 19th August Dance – Expressions Company, Lvl 4 420 Brunswick St, Fortitude Valley
Sydney: Sunday 20th August – ED5INTERNATIONAL, Bakehouse Lane, 9 George St, North Strathfield
Melbourne: Sunday 27th August – Alex Theatre, 135 Fitzroy St, St Kilda

COURSE DESCRIPTION:
ED5INTERNATIONAL is proud to offer their unique accredited Advanced Diploma of Performing Arts, exclusive to ED5INTERNATIONAL. Guided by William A. Forsythe with founders Elena & Mario De Cinque it boasts Australia’s leading faculty. Graduates perform in musical theatre, television, stage, theme parks, overseas contracts, cruise ships and a multitude of other entertainment arenas.

The course is accredited by ASQA (Australian Skills Quality Authority), NRT (Nationally Recognised Training) and AQF (Australian Quality Framework). ED5INTERNATIONAL is a short 5 min walk from North Strathfield train station and there is ample street parking.

ED5INTERNATIONAL elevates and enhances the profile of Australian Performing Arts and delivers the highest level of performer through dedication, discipline, talent and a lot of laughter and love. Our philosophy is work hard and you can achieve any goal you wish.

SUBJECTS:
The course is designed for students who aspire to work in the entertainment industry. The course consists of 17 units of competency which includes: Musical Theatre, Jazz, Tap, Ballet, Group & Private Singing, Contemporary, Hip Hop, Acting, Group Harmonies, Repertoire, Performance Coaching, Cabaret, Lyrical, Nutrition, History of Musical Theatre, Music Theory, Anatomy, Image Management, Make-up, Acrobatics, Improvisation, Choreography, Audition Technique, Mock Audition Class, Heels, Strength & Conditioning, Yoga, Cardio, Pilates, Swing & more.

TEACHERS:

“"I always loved performing but didn’t know a great deal about the ins-and-outs of the industry or what was expected of a professional. ED5 International really allowed me to transition from being a student to a pro, which included a huge mental shift as well as improving my skills across the board. I absolutely loved the relentless rehearsals where you got to push yourself to your limits, especially in the lead up to graduation. If you’re thinking of doing the course, make the most of every single minute! It goes by far too quickly.”

- Shannon O’Shea

“"ED opened my eyes to what was expected of me as a professional dancer in terms of diversity, technique and performance. Coming from a small city in New Zealand, I was a little unaware of what was needed to succeed. Learning from the wide range of teachers at ED5, I could finally form a clear goal of where I wanted to be as a dancer before entering the professional world. It created a fire and a hunger that I didn’t have before because I knew if I wanted to be successful, I would have to continue to push past my previous limitations to be strong enough to compete in the industry mentally, physically and emotionally.”

- Amy Van De Wetering
ADVANCED DIPLOMA COURSE
OF PERFORMING ARTS
exclusive to ED5INTERNATIONAL

AUDITION DATES
BRISBANE: SATURDAY 18TH AUGUST
SYDNEY: SUNDAY 19TH AUGUST
MELBOURNE: SUNDAY 26TH AUGUST

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FOR MORE INFORMATION GO ONLINE
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DIRECTORS / PRINCIPALS
William A Forsythe
Elena De Cinque
Mario De Cinque

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8.30pm

www.AustralianDanceFestival.com.au
NATIONAL QUALIFICATIONS

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COURSES:
Certificate IV in Dance  [CUA401I3]
Certificate IV in Dance Teaching & Management  [CUA403I3]

AUDITION DATE:
2019 Scholarship Audition: Sunday 29th July 2018

COURSE DESCRIPTION:
Cert IV in Dance – Ettingshausens PRO provides you with the best mentors in the Performing Arts Industry. Studying at Ettingshausens PRO in 2019 will place you at the forefront of dance education, giving you the tools and skills to launch you career in the Performing Arts Industry. Our boutique course provides limited spaces, ensuring you receive the individual attention and guidance you need to discover your true potential.

Cert IV in Dance Teaching & Management – Ettingshausens PRO has 24 years in studio management and teacher development. As a leader in the Industry, our Certificate IV in Dance Teaching and Management course will prepare you for real life scenarios in the dance studio environment, as both a teacher and manager. Whether you want to become a world-class choreographer, run events or run your own studio, Ettingshausens PRO provides you with the training and opportunities to be prepared for your career.

SUBJECTS:
Acrobatics, Acting, Audition Technique, Ballet, Broadway, Career Management, Choreography, Commercial Jazz, Contemporary, Fitness, Hip Hop, Jazz, Latin, Lyrical, Musical Theatre, Modelling, Nutrition, Pilates, Singing, Tap, Technique, Working in Heels, Dance on Camera.

TEACHERS:
Kelley Abbey, Rosa Agius, Jo Ansell, Matt Antonucci, Cassandra Bartho, Jo Bolden, Julian Caillon, Carly Cooper, Natasha Crane, Kieran Crowe, Michael Dameski, Samantha Dodemaide, Michael Ettingshausen, Tammi Gissell, Jordan Grant, Troy Harrison, Gaynor Hicks, Keith Hawley, Sophie Holloway, Kate Larter, Robbie Kmetoni, Tobias Madden, Steph Magiros, Natasha Marconi, David Mclean, Tim Moxey, Jake Murray, Marko Panzic, Adam Parson (USA), Eden Petrovski, Aimee Whittaker, Thern Reynolds, Cat Santos, Michael Stein, Sarah Stollery, Stephen Tannos, Chris Tsatsilios, Jade Westaby, Blake Wood, Christina Woodard (USA), Neale Whittaker, Kaylie Yee.

“I couldn’t have chosen a better place to complete my full time year! All of the teachers are incredibly passionate about wanting the best for you and the studios are brilliant. Everyone at Ettingshausens PRO is so driven and the support I received during my time at Ettingshausens PRO is something I’ll forever be grateful for. The staff become like family and makes you feel beyond welcome every time you enter the doors! To everyone considering completing a year of full time dance I strongly recommend you choose this course … you definitely won’t regret it!”

- Jordan Hodges
2016 graduate

“Ettingshausens PRO is a place of inspiration, dreams, magic and of course hard work. I chose to attend Ettingshausens PRO for full time because of what I was told of it being a fun and friendly environment to train and build contacts in the industry … but it is so much more than that. This course helps you not only build industry contacts but it helps you build knowledge for auditions, the future and yourself as a dancer and a person. I don’t know where I’d be today if it wasn’t for Ettingshausens PRO.”

- Brooke Salter
2014 graduate
ETTENGFUSSENS.COM

BOUTIQUE FULLTIME DANCE COURSES

CUA40113
CERTIFICATE IV IN DANCE

CUA40313
CERTIFICATE IV IN
DANCE TEACHING AND MANAGEMENT

ENQUIRE NOW FOR 2019
COURSES:
Certificate IV in Dance  [CUA40113]
Diploma of Dance (Elite Performance)  [CUA50113]

AUDITION DATE:
Saturday 1st September 2018

COURSE DESCRIPTION:
Under the direction of Sarah Boulter and Lisa Bowmer, Ev & Bow has a reputation of supreme quality. It is the premiere studio for innovation, passion and outstanding results. Ev & Bow is leading the way in the dance Industry with cutting edge choreography and professionalism. Ev & Bow selects exceptional dancers into a nurturing environment providing personal care and boasting limited class sizes. It is Ev & Bow's mission to provide quality training to enable the dancer to be a versatile and valuable member of the dance industry; and to broaden their knowledge, creativity and respect for their craft.

Possible Careers: Dancers graduating from this course have secured jobs with Australian Dance Theatre, Legs on the Wall, Cats, The Lion King, Mod Dance Company, Opera Australia, West Side Story, Royal Caribbean cruises, Princess Cruises, Celebrity Cruises, Disneyland, Universal Studios, Circus, the Dream Dance Company and a variety of television commercials and film.

SUBJECTS:
Classical ballet, contemporary, choreography, pas de deux, repertoire, jazz, acting, singing, musical theatre, acrobatics, hip hop, develop yourself as an artist, personal training and professional development.

TEACHERS:

“I believe Ev & Bow offers the best contemporary dance training for any young dancer in Sydney. After having already trained and worked with internationally recognized teachers and choreographers before attending Ev & Bow, I believe that the caliber of teachers at Ev & Bow are of the highest standard and that the training offered throughout the program is current and industry relevant. My time at Ev & Bow helped me grow as a dancer and made it possible for me to get work at a higher performance level than what I was reaching in the past.”

- Paul Walker
2011 graduate.
AUDITION FOR 2019

SATURDAY 1ST SEPTEMBER 2018
EV&BOW STUDIOS

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COURSES:
Diploma of Dance (Elite Performance) [CUA50113]
Diploma of Musical Theatre [CUA50213]
Certificate IV in Dance [CUA40113]
Transition Program (Years 7-12 Schooling & Dance)

AUDITION DATE:
Auditions available now by appointment or video audition, please email enquiries@fsdance.com.au

COURSE DESCRIPTION:
FSDance & College of Creative Arts produces exceptional dancers who are independent and equipped for the dance industry. Experience powerful growth with one-on-one guidance and expertise from inspiring, professional mentors. Dancers are encouraged to develop their own artistry whilst discovering their unique strengths. Each dancer is challenged to explore expression through other ‘creative arts’ mediums giving diversity and an edge on their competitors. Whilst ballet and contemporary are the foundations for the full time courses, a comprehensive list of subjects are offered to enable employment in a wider context of dance and related careers. Students are carefully guided and coached with personal guidance towards their chosen career goals.

We are proud of our many graduates that are now dancing professionally in Australia and overseas in ballet, theatre and commercial styles, running their own studios, or have successful employment in related dance careers.

Our Transition Schooling Program is tailored specifically for the dancer who wishes to complete their schooling alongside increased hours of dance training. Through our balanced approach to High School Education, students thrive as a result of the holistic, nurturing, learning experiences in education and the arts.

Our Transition Program is a rare opportunity to complete schooling alongside increased hours of dance training. Students attend Monday to Friday completing school academics from 9-12pm and individualised dance-training from 12.30-4pm. We provide each and every dancer a unique training experience, personally guiding them for a career in any of the following careers: Ballet or Dance Company, Broadway, Musical Theatre shows, Teaching and related dance careers, and as a precursor to study a degree at any university of their choice.

SUBJECTS:
RAD Ballet & Open Classes, Exam Coaching, Repertoire, Pointe, Pas de Deux, Character, Contemporary, Jazz, Singing, Musical Theatre, Pilates, Drama/Mime, Anatomy, Nutrition, Music, Safe Dance Practice, Dance History, Composition, Acrobatics, Career Preparation & Audition Technique. Creative Arts classes to enhance dance training include movement in photography, textures and environments, drawing, painting, design and music.

TEACHERS:
Fiona Donaldson, Aleeta Northey, Julia Barry, Jeremy Gates, Lauren Hustler, Charlotte Schinckel-Brown, Alison Hodge, Lisa Merryfull and frequent special guest teachers.
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COURSES:
Diploma Dance (Elite Performance)  [CUA50113]
Diploma Musical Theatre   [CUA50213]
Certificate IV Dance   [CUA40113]
Certificate IV Musical Theatre   [CUA40513]
Certificate IV Dance Teaching & Management   [CUA40313]

AUDITION DATES:
Auckland NZ: Monday 9th July 2018
Or via video and online audition and private auditions by appointment.
Visit theministryofdance.com.au/auditions for more audition information and to register.

COURSE DESCRIPTION:
Is your attitude HARDER? Do you drive to be BETTER? Long to be FASTER? Commence your career STRONGER?
Jason Coleman’s Ministry of Dance is the only place to be!

Join Directors Jason Coleman (So You Think You Can Dance Australia, Hairspray, A Chorus Line, Chicago, Dancing Man, Sweet Charity, Little Shop of Horrors, Saturday Night Fever, Man From Snowy River Arena Spectacular, Sydney Olympics, Manchester Commonwealth Games, Celebrity Apprentice), Deb Mitchelmore (Boy from Oz, Sweet Charity, Into The Woods, Buddy: The Buddy Holly Story, Hair), Eilidh Dragovic (BA Hons Contemporary Dance, Graduate Certificate in Tertiary Training, Dip Remedial Massage, Ausdance VIC, Federation University) and Adrian Rick (Cats, Sins, So You Think You Can Dance Australia, Vic Favourite Dancer 2016) for elite training and nationally accredited qualifications.

Join us for two years participating in industry delivered classes from Monday to Friday from world-class choreographers and performers, within a university-styled yearly timetable. Enhance your technique, performance and theory to expand on new genres and styles, and develop longevity in the performing arts industry.

A large variety of performance opportunities are on offer to students throughout their studies including (but not limited to) musical theatre shows, corporate events, dance on film, student devised performances and graduation showcases.

We are very proud of our student alumni credits, which include: Wicked, The Lion King, Mary Poppins, Aladdin, The Book of Mormon, King Kong, We Will Rock You, Grease, Cats, The Australian Ballet Company, Princess Cruises, Norwegian Cruises, The Production Company, Dora the Explorer, Paw Patrol, Humanimals, Razzle Dazzle, The Rhythm of Life to name a few!

SUBJECTS:
Jazz, Ballet, Tap, Contemporary, Hip Hop, Musical Theatre, Commercial Jazz, Acrobatics, Partnering, Acting, Vocal Tuition, Dance Teaching, Nutrition, Fitness & specialised classes in Performance, Production and Choreography.

TEACHERS:
Jason Coleman, Deb Mitchelmore, Adrian Rick, Eilidh Dragovic, Yvette Lee, Romy Vuksan, Jordan Herbert, Arna Singleton, Michael Ralph, Michael Snell, Michael Ramsay, Steven Grace, Nadia Torinese, Steven Ashford, Jarryd Byrne, Mitch Fistrovic, Phillip Haddad, Kenneth Radley, Dana Jolly, Billie Casey-Jabore, Jack May, Anna McGrath, Jane Casson, Kyle Davey, Joe Newton-Keogh, Brittany Page, Diana Ricks and Daniele Buatti to name a few.

“Just thinking about how thankful I am in life … MOD always keeps me motivated to be a better me! I honestly can’t thank MOD Full Time enough for everything you do for us full timers. I study Musical Theatre at MOD and I believe the balance between Singing, Acting and Dancing is perfect! … Some of you may think I only dance but there’s way more to it. I train 9.30 – 4.30 every weekday and the people we work with are absolutely out of this world… we get the best in the industry and we are pushed to our absolute limits! I have never been happier in my life at this school and I urge you to audition.”

- Courtney Murray
We offer courses in:

- Cert IV Dance
- Diploma of Dance
- Cert IV Musical Theatre
- Diploma of Musical Theatre
- Dance Teaching and Management

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Saturday 15 Sept 2018

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COURSES:
Certificate III in Dance [CUA30113]
Certificate IV in Dance [CUA40113]
Diploma of Musical Theatre [CUA50213]
Diploma in Dance (Elite Performance) [CUA50113]
Advanced Diploma in Dance (Elite Performance) [CUA60113]

AUDITION DATE:
Auditions and Interviews are by appointment and are now open for 2019.

COURSE DESCRIPTION:
Lee Academy Full Time takes dancers from students to professionals. Providing a guided career pathway for aspiring performers and giving you every opportunity to expand your skills, nurture your versatility and explore your artistic self-expression. Our courses get you a huge leap closer to your dream and guide you into a successful professional career. As an industry leader, Lee Academy has the authority, and privilege, to deliver its own uniquely developed and highly successful full time courses that are Nationally accredited. Our courses are flexible, responsive to our dancers’ needs and what the industry is looking for at any given time.

Advanced Diploma in Dance (Elite Performance) — Graduates of this program are robustly competitive & are positioned on the forefront of the performing arts industry. An incredibly diverse range of career options is available to the graduate artist. Training for the world-class performer, a physically intense program with abundant opportunities in all facets of the performing arts. Graduates leave with a higher recognition credential allowing an easier transition to University should they wish to take this path.

Diploma in Dance (Elite Performance) — Diploma in Dance is a higher qualification, & therefore performers will graduate with a higher level of skills & technical ability, giving them the competitive edge in the audition room, & the industry as a whole. Students can concentrate their training specifically in the dance genres of Contemporary/ Ballet or Commercial Dance OR in the circus arts of Acrobatics and Aerial Live Performance.

Diploma of Musical Theatre — Focussed on singing, dancing & acting, students are prepared for outstanding careers in the Musical Theatre industry. Obtaining skills & knowledge in audition preparation, musical theatre live performance & industry practises. This course is taught by currently working & highly-skilled musical theatre professionals with excellent connections to the industry.

Certificate IV in Dance — For dancers embracing full time elite training and a stepping stone into a successful professional career. A one-year full time course encompassing all dance styles, acting, singing, acrobatics & aerial.

Certificate III in Dance — Provides a foundation year for young people who aim to become professional performers. This course is for dancers between 15 and 16 years of age, who have completed Year 10 or equivalent.

SUBJECTS:
LEE ACADEMY
THE MOST COMPLETE AND VERSATILE TRAINING PROGRAM

DIVERSE TRAINING PROVIDES
GREATER CAREER OPPORTUNITIES
& the potential for a more sustainable, successful career.

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- Diploma of Dance (Elite Performance)
- Acrobatics & Aerial Live Performance
- Diploma of Musical Theatre
- Certificate IV in Dance Teaching & Management
- Certificate IV in Arts Administration

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For high achieving dancers and performers wishing to expand their ability and diversify their training

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For fun, fitness and friendship designed for beginners through to experienced dancers

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YEARS 7 - 12
Academic studies delivered on site in a classroom environment with a qualified teacher.
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- CUA10113 Certificate I in Dance in Years 7 & 8
- CUA20113 Certificate II in Dance in Years 9 & 10
- CUA30113 Certificate III in Dance in Years 11 & 12

FEE RELIEF 2019
Lee Academy fee relief placements available to suitable candidates enrolled in The LA Fulltime PTY LTD full time programs. Applications open now for 2019 enrolments.

CONTACT
PH: 02 43581528
EMAIL: info@leeacademy.com.au
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CENTRAL COAST
COURSES:
Year 7 & 8 High School studies plus Certificate I in Dance [CUA10113]
Year 9 & 10 High School studies plus Certificate II in Dance [CUA20113]
Year 11 & 12 High School studies plus Certificate III in Dance [CUA30113]

AUDITION DATE:
Auditions and Interviews are by appointment and are now open for 2019.

COURSE DESCRIPTION:
The Lee Academy Performing Arts School is about helping students to achieve their personal, academic and career goals through industry endorsed and accredited Vocational Education and Training.

The purpose of the Lee Academy Performing Arts School is to offer specialist education with exceptional strengths in the academic curriculum requirements and dance.

The School is designed specifically for dancers in years 7-12 who display physical potential and the desire to pursue a career in the performing arts. Students can expect high levels of educational support via the distance education provider and fulltime, fully qualified, on-site educational tutors.

Vision — Lee Academy Performing Arts School offers specialist education with exceptional strengths in the academic curriculum & the performing arts where individuals are valued and supported in the pursuit of their aspirations.

School Motto — ‘Challenge Yourself’
School Values — Lifelong Learners, Striving towards the achievement of one’s personal best, Integrity, Self-Respect, Respect for others, Creativity, Compassion, Accountability, Participation, Problem Solving, Communication.

SUBJECTS:
All NSW academic curriculum requirements plus performing arts.

TEACHERS:
Jo Cotterill, Alyssa Casey, Di Rakebrandt, Dianne Banks, Katie Bettini, Ben Dunlop, Keith Hawley, Joshua Horner, Rob McDougall, Celeste Barber, Michael Stone, Danni Hegarty – plus more.
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YEARS 7 – 12
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EMAIL: ADMIN@LEEACADEMY.COM.AU
Completing a full time dance/performing arts course and gaining a qualification is no guarantee of employment as an artist. Your success depends on many factors including networking, health & self-care, physical conditioning, time management, support networks, ability to learn new things and grow, motivation, self promotion and seeking out opportunities. Above all else, however, it’s your attitude as a full time student that can make all the difference.

We asked three DanceLife friends from different sections of the industry to offer their insight and advice on the role of full time training and how to make it a successful experience – former performer and now entertainment and talent agent PJ Clarke, emerging dancer Michael Dameski and Aussie industry legend Kelley Abbey.

Michael Dameski rose to fame as the winner of the 2014 series of Australia’s So You Think You Can Dance, and has gone on to appear in contemporary dance shows, a musical touring the US, music videos and appearing on US TV-hit World of Dance. He has his sights firmly on a career in the US and credits part of his success to his training at a performing arts high school before launching his career.

“I think being at a performing arts school, and actually finishing high school, helped me get my foot in the door a little quicker. The training allowed me to mentally focus separately on academics and performance. I chose that school because I wanted my first option to be dancing, and then to have the academics as a back up. It was very beneficial for me, because I was training in every aspect of dance plus vocal and drama lessons as well. My attitude was to just push to get better in every class, and not year-by-year, but week-by-week,” said Michael.

“If performing is really your passion and what you want to do, then I support taking on full time training wholeheartedly. But if you decide to dance as a career, you’re going to really need to know that it is going to have its ups-and-downs, and you are going to be on a constant rollercoaster. You have to be mentally prepared for it all … but don’t take the safe option… Take the risk!” he advises.

PJ Clarke runs Jeep Management talent consultancy and has been involved in the industry for more than 25 years as a performer, model, choreographer, adjudicator and talent agent. He auditions around 800 people each year for Jeep and has seen it all! - Especially the calibre of students coming out of full time training.

“Kids coming out of full time are polished, but I feel that they sometimes haven’t really used the opportunity to the max. They need to come out the best possible version of themselves as it comes down to the individual,” says PJ.

“It’s your mindset before you start that matters. I think a lot of students are disillusioned, because they come out and think that they are entitled to walk straight into an agency or to a job, which is not the case.”
He believes there are many good schools with quality teachers, but that students need better marketing tools in the way they present themselves and in their audition technique.

“I expect grads to be great dancers, but to turn that into a career they need to set goals and have a business mind too. I look for dancers who are disciplined, have great work ethic and people skills (because they have to get along with others on a job!) and who are serious about longevity in the industry and can do something with the opportunities we present them. ”

“The students who succeed are the ones who really use the opportunity at full time … they listen and take everything on board, don’t expect a quick route and are happy to ride the journey.” Full time provides the opportunity to refine your skills, get connected, and have a better awareness when you finally walk into a room for agents or clients.

“Auditioning is not just about presenting the steps,” says PJ who has been running auditions a long time and can tell straight away who is switched on in the room. Out of the 800 dancers he sees at auditions, he will only take on about a dozen each year. However, he says, only a handful of the others will bother to show up to try again in a few months. “You need to keep fighting and representing yourself if you are going to make it.”

He advises to fully research your training options: visit the schools, see the grad shows, talk to the teachers and students and then ask yourself: ‘What is my future? Where do I see myself?’ “I’d be looking at what part of my skillset do I need to work on the most? And where do I need to go to get that out of myself and come out a better version of myself at the end of full time. Don’t just go to where all the cool kids are!”

“At full time you have to be 100% committed from the day you walk in the door, till the day you finish. The really important thing is to know what you want out of full time before you start. Stand in that audition room and compete for your place. Students have to be industry ready after graduation. They need to know exactly who they are as a brand, they need to have all their photos and CVs right, they need to have their look right, they need to have their image refined.”

Industry icon Kelley Abbey has done it all in the entertainment and performance industries both onstage, onscreen, in the spotlight, and behind the scenes in production and management for more than 35 years. She is a regular guest teacher for many full time students across the country and has great insight to offer young artists.

“Studying full time is big jump from being a great senior dancer at your local dancing school. It takes some adjustment to dance all day, five days a week. It prepares you for the professional world. But some people may need more than one year’s study to absolutely blossom, while others thrive and work straight away after graduation. You are ‘opening up’ and ‘developing’ more of your performance self whilst also coming of age and discovering who you are as an adult. What better way to do this than in a room of like-minded people sharing your passion and creativity!” says Kelley.

“I see students arrive in Term 1 with ‘The Dream’ in their eyes. Term 2 gets social and they take their eye off the ball. Term 3 becomes a realisation that the year is almost over and they re-focus. Then before they know it is Term 4 and Graduation!”

**KELLEY’S TOP TIPS TO MAKE IT THROUGH FULL TIME SUCCESSFULLY:**

1. **STAY FOCUSED:** USE A ‘VISION BOARD’, CREATIVE VISUALISATION OR MEDITATION TO KEEP YOUR FOCUS ON THE DREAM. SETTING YOUR INTENTION AND MINDFULNESS ON A DAILY BASIS IS A NECESSARY PART OF GETTING THE MOST OUT OF ‘YOU’.

2. **BODY AWARENESS:** TAKE RESPONSIBILITY FOR SMALL NIGGLES IN THE BODY BEFORE THEY BECOME BIGGER INJURIES AND YOU ARE FORCED TO TAKE TIME OUT.

3. **PEER LEARNING:** BE INSPIRED BY THE TALENT IN THE ROOM WITH YOU, NOT JEALOUS OF IT.

4. **RELY ON YOUR UNIQUENESS:** THERE IS NO ONE ELSE LIKE YOU! TUNE IN TO HOW THE MOVEMENT FEELS AND NOT WHAT IT LOOKS LIKE IN THE MIRROR. INTERPRET THE MUSIC AND INVEST IN YOURSELF, AND YOU WILL FIND YOUR UNIQUE SELF. IT’S ALSO FEELS GOOD!
COURSE:
Full Time Performing Arts School Years 3-12

AUDITION DATES:
Auditions will be held on Friday 17 August and Friday 26 October 2018.
Expressions of interest can be made by emailing registrar@mcdonald.nsw.edu.au
or by going online to mcdonald.nsw.edu.au

COURSE DESCRIPTION:
The McDonald College is a specialist school based in Sydney’s inner west. With over thirty years as an education provider as Australia’s leading academic and performing arts college, it has produced an impressive alumni community now working in the industries of the Performing Arts, Film & Television, Music, Journalism and more.

The College currently offers an exciting performing arts offering across Acting, Ballet, Dance, Musical or Musical Theatre. It operates a Junior School (Years 3–6) and Senior School (Years 7–12), which prepares our students both academically and creativity so that they enter their chosen industry as confident leaders and professionals. With a 10-hour week dedicated to the stream of their choice, students receive an immersive education as they learn with likeminded individuals whilst being taught by industry specialists who are at the top of their field.


SUBJECTS:
Classical Ballet, Dance, Musical Theatre, Acting, Music, Tennis, & Academic Studies (Yr 3 to the NSW HSC Yr 12).

TEACHERS:
Jane Kesby, Joshua Consandine, Nicky Gattorna, Lindsay Ellman-Brown, Jane Beckett, Dolores Dunbar, Amy Petsalis, Paul Saliba, Natalie Kuti, Stephen Clarke, Andrew Kobler, Christopher Horsey, Norman Hall, Peter Eyers, Kaye Lopez, Peter Kraft, Judy Herskovits, Rae Edds-Gibson, Kathryn Hailey and other distinguished teaching faculty.
2019 ENTRY AUDITIONS

JUNE & AUGUST 2018
Register now

mcdonald.nsw.edu.au
COURSES:
Certificate III In Dance | [CUA30113]
Certificate IV in Dance | [CUA40113]
Diploma of Dance (Elite Performance) | [CUA50114]
Intensive Training Program – students from Year 7 upward

AUDITION DATE:
Auditions are by appointment and available all year.
Enquire at auditions@nationalcollegeofdance.com

COURSE DESCRIPTION:
In 2017, 100 per cent of our graduating students received offers from all over the world. Statistically, National College of Dance, located in Newcastle NSW, is one of the most successful schools within Australia. Every student receives world-class training from some of the most acclaimed teachers in Australia, all in the comforts of being close to home and without the worries and expense of having to go to a big city.

Students are surrounded by likeminded and supportive mentors all with the common goal of developing each dancer to pursue their dream of a career in dance. Our success has continued year upon year and with over a decade of experience as a Registered Training Organisation (RTO) we successfully advance students to their next stage. Being a RTO, all students leave with nationally recognised qualification, giving them further options after a successful dance career.

National College of Dance also offers:
Classical Ballet and Contemporary streams up to Diploma level; Extra support in preparing students for auditions through regular in-house audition classes; Career planning sessions; Life skill sessions; Assistance with photo portfolios; Audition videos; Healthy eating nutrition sessions; Training in Australia’s most dynamic coastal town; and On leaving all students join the NCD Alumni forum and have the opportunity to remain in contact with past NCD alumni located all over the world.

SUBJECTS:
Classical Ballet, Contemporary Dance, Repertoire, Jazz, Performance & Audition Preparation, Partnering, Choreography, Body Conditioning, Anatomy, Nutrition, Career planning & Private coaching. Units selected in each of the Certificate and Diploma courses are a reflection of NCD’s focus in preparing students for a professional career in dance.

TEACHERS:
Visit nationalcollegeofdance.com to read about more of the staff and their extensive expertise.

“Brett Morgan has really enlightened my path, always being there for me and pulling me aside and making sure I’ve put in the hard yards. He is a passionate guy and looks after all the students at NCD and is exactly what you want in an Artistic Director. The facilities at NCD are amazing, the different choreographers and the amount of opportunities they give you, how they react with you and how they teach you is incredible. NCD is the whole package.”

- Antjuan Trainor
2017 graduate currently in New Zealand
100% of our 2017 Graduates received offers from all over the world.

Where can we help you go?

Rubi Hindle graduated 2017. Now in Madrid, Spain with EBB Junior Company.

AUDITION NOW FOR 2019
Now Open – Places Limited

National College of Dance is one of the most successful schools within Australia.

No other school has a higher success rate than ours in professional placements of students in their Diploma year. That is why students audition and strive for places. We are located in Newcastle NSW, away from the distraction of the big cities, which allows for full focus and ensures students receive world class training, in Australia’s favourite coastal town.

Our students are surrounded by passionate and supportive world class teachers, all with the single goal of developing each dancer to their maximum potential, which allows them to pursue a professional career in dance. Our success is proven, year on year. We have more than 10 years experience in successfully advancing students to their next stage to help them achieve their dreams.

Being a Registered training organisation (RTO), all students leave with a nationally recognised qualification, giving them greater options after graduation and a successful dance career.

WHY AUDITION AT NCD?
• Classical Ballet and Contemporary streams up to Diploma level
• The extra support of preparing students for auditions through regular in-house audition classes
• Career planning sessions
• Life skill sessions
• Assistance with photo portfolios
• Audition videos
• Healthy eating nutrition sessions
• Train in Australia’s most dynamic coastal town; and
• On leaving all students join the NCD Alumni forum and have the opportunity to remain in contact with past NCD alumni located all over the world.

P 02 4952 9294  |  www.nationalcollegeofdance.com
COURSES:
Bachelor of Circus Arts  [BA-CIRCA1]
Certificate IV in Circus Arts  [10111NAT]
Certificate III in Circus Arts  [10110NAT]

AUDITION DATES:
Circus Career Workshop: Saturday 14th July 2018.

COURSE DESCRIPTION:
Bachelor of Circus Arts (3 years full time) — NICA, Australia’s Centre of Excellence in contemporary circus arts training, offers Australia’s only Bachelor of Circus Arts, the highest level of accredited circus training available in Australia. The 3-year full time Bachelor of Circus Arts degree course incorporates intensive physical training with performance opportunities, academic studies, technical production, health and business education.

Certificate IV in Circus Arts (1 year full time) — provides training in preliminary level circus skills and knowledge. This course is suitable for aspiring circus artists seeking a qualification and as a pathway for further learning. The Certificate IV can be used for preparation for the Bachelor of Circus Arts course.

Certificate III in Circus Arts (2 years part time) — offers young people in Year 11 and 12 the opportunity to gain a nationally-recognised qualification in Circus Arts after two years. The course provides basic training in contemporary circus arts for students who wish to pursue a career as a circus performer. The Certificate III can be used for preparation for the Certificate IV in Circus Arts.

SUBJECTS:
Study areas included: Circus Skills, Performance and Movement, Circus History & Cultural Studies, Circus Business & Career Management, Technical and Production Skills, & Anatomy and Physiology.

TEACHERS:
NICA boasts some of the world’s finest circus and performance practitioners, hailing from Australia, Canada, China, England, France and Russia. They provide students with grounding in the world’s traditional and contemporary circus styles, and inspire them to excel in and innovate their craft. Together with the school’s dedicated teams of production, health and administration professionals, they produce a unique educational experience for NICA’s students.

Eager to share their knowledge with the next generation of circus artists, NICA staff have worked with some of the greatest circus companies in the world including: Circus Oz, Circus Royale, Cirque du Soleil, Great Moscow Circus, Legs on the Wall, Circa and Shanghai Acrobatic Troupe.

“ ‘Impossible, training, possible!’ This is one powerful, yet simple mantra, chanted from my former NICA coach and mentor, Jing Jing Xue. NICA provided me with many incredible coaches, each with profound worldly experience, giving me not only the training, but also the knowledge to be successful in the circus and performing arts industry. The facilities at NICA are outstanding, further preparing me for international employment with prestigious companies on world-renowned stages! I am proud and honoured to be a graduate from the Bachelor of Circus Arts program, and I cannot thank NICA enough for the opportunities it has given me. I can now honestly agree that the once perceived ‘impossible’, can be ‘possible!’ “

- Tamika Ball
2013 graduate (Franco Dragone’s ‘The Han Show’, MGM China’s ‘Destiny’)

nica.com.au
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(03) 9214 6975
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NICAaustralia
nicaaustralia
channel/UCmJx5KVGWdSJshncT8jK1Sg
NICAaustralia
vimeo.com/user31373937
MAKE THE LEAP
FROM DANCE TO CIRCUS
Expand upon your technique & creativity with a professional career in circus

The National Institute of Circus Arts is inviting DanceLife readers to join our Inside Track mailing list, which will set you up to have the best chance for a successful audition with NICA.

Inside Track will share student vlogs, skills tutorials, and special access to Q&As with NICA’s Head of Circus. Study for a Bachelor Degree or Certificate IV course in 2019!

GIVEAWAY
Sign up to Inside Track now for a chance at a free circus taster packages drawn on 2 August, giving you the opportunity to try out three circus skills.

SIGN UP TO THE INSIDE TRACK MAILING LIST NOW AT NICA.COM.AU
Course applications close 24 August.
Auditions held late September – early October.
“Commencing full time training in dance, specifically ballet, is a massive step for any young person, as the physical and mental commitment must be total. The daily work of full time is without question the hardest thing any young dancer will encounter. Deciding on a program, however, is finding the right situation, environment and teachers, to make the dancer feel supported, encouraged and challenged. What makes NBT stand out, aside from the successes of our current and former dancers, is that our faculty challenge each dancer within an encouraging environment ... At NBT, we strive to make our studio a place of excellence, discipline, professionalism, hard work, and most importantly, enthusiasm and joy.”

- Rider D Vierling, Director
Newcastle Ballet Theatre

“Quite simply, NICA’s Bachelor of Circus Arts leads the way as it is Australia’s ONLY degree course for aspiring professional circus artists.”

- Rose Stephens, Executive Director
National Institute of Circus Arts

“National College of Dance delivers a groundbreaking, unique program. Focusing on elite technical training and choreography in the classical and contemporary genres. We develop highly versatile dancers, nurturing their strengths, creativity and individuality. Our proven methods prepare students for the world of auditions and professional dance. In 2017, 100% of our 18 graduating students were offered placements either nationally or internationally.”

- Brett Morgan, Director
National College of Dance

“With 10 hours a week devoted to the performance stream of their choice, timetabled in with a rigorous academic program, our students benefit from a well-rounded creative education. The students at our school are very active and driven, and have clear goals at a very young age. We try to provide not only the skills and the technical training but also the environment where they can just be who they are.”

- Maxine Kohler, Principal
The McDonald College

“Lee Academy Full Time is the place to be if your dream is to become a highly versatile, highly qualified performer. We welcome students from all over Australia & New Zealand to audition and turn your passion into a wonderful career.”

- Jo Cotteril, Director
Lee Academy

“We don’t just teach shapes, we shape lives. Direct industry links greatly benefit students as they study in world-class facilities alongside Australian and international production companies. Better, Harder, Faster, Stronger at Ministry of Dance!”

- Jason Coleman, CEO
Jason Coleman’s Ministry of Dance

“Formal training in dance is for the gifted and dedicated artist who wants to know more about the industry as well as honing their skills for a ballet or dance career. A national qualification in dance allows for a comprehensive dance education, preparing the young dancer both physically and psychologically ready for the step into the professional arena. At FSDance & College of Creative Arts we offer individualised coaching with expert teachers that not only know their craft well, but will also help you to gain contracts and success in the industry.”

- Fiona Donaldson, Director
FSDance & College of Creative Arts

“When studying at a full time school you are working under the guidance of your future employers. It exposes you to different styles, technique and choreographers. Full time allows you the time to inwardly focus on your technique, artistry and prepare with every tool possible before entering the industry. We believe that Ev & Bow is different from other institutes because of its strong technical focus and Contemporary and Classical Ballet through line. Ev & Bow provide elite faculty that are current in the industry and are exclusive to our course.”

- Sarah Boulter, Director
Ev & Bow
COURSE:
Diploma of Dance (Elite Performance)  [CUA50113]
Certificate IV in Dance  [CUA40113]
Certificate III in Dance  [CUA30113] – as part of Part Time Transitions Program

AUDITION DATE:
During Term 3 & 4 (including post-HSC) at the studio by appointment. Video auditions also accepted.

COURSE DESCRIPTION:
Newcastle Ballet Theatre’s Full Time Program is designed for the serious student wishing to pursue a career in dance. Our program runs 5 days a week, with around 30 studio hours per week. The program aims to increase, improve, and refine technique, strength, knowledge and presentation. In addition to the Full Time hours, all Full Time dancers have access to all studio classes, inclusive of Full Time fees, as well as Private Coaching, helping to build not only stronger technicians and dancers, but also well-rounded and intelligent artists.

SUBJECTS:
Classical Ballet, Pointe, Boy’s Coaching, Repertoire, Pas de Deux, Contemporary, Pilates, Yoga, Stretch & Conditioning
This is a dance-based course – any and all academic studies must be arranged by individual students and families. NBT provides facilities and time, as needed, built into the daily timetable.

TEACHERS:
Kristy Tancred, Rider D. Vierling, Meg Akerman, Julie Wells, Belle Leonard, Bronte Della Bosca.

“NBT reflects the people that Rider and Kristy are - nurturing and professional. Having had successful professional careers themselves, they not only understand the physical technique needed for a career but also the mental strength that is equally important. I wouldn’t be the dancer or person I am today, if it hadn’t been for their wealth of knowledge and continual guidance.”

- Rebecca Mottin
2013 Graduate (Australian Conservatoire of Ballet, English National Ballet)
COURSES:
TNSPA.PRO – Professional Training Program
WE – The Winters Experience
College of Performing Arts

AUDITION DATE:
Sunday 5th August 2018

COURSE DESCRIPTION:
The Next Step Performing Arts is proud to present TNSPA.PROFESSIONAL, The Winters Experience & College of Performing Arts in 2019. Audition now for our one-year full time Performing Arts Course or College Of Performing Arts – Elite Performance majoring in performing arts or contemporary dance.

TNSPA.PROFESSIONAL is a pre-professional full time performing arts training course for young artists looking at creating a career in the performing arts industry. We deliver the highest level of performing arts training. Guided by world-class teachers, experts and mentors in all areas of the entertainment industry. Our newly designed course empowers our students with all the knowledge, skills, self-belief and resources needed to succeed in the entertainment industry. If you are willing to put in the hard work both physically & mentally, while under our guidance and training TNSPA.PROFESSIONAL is for you. Students will succeed in reaching their personal goals while working towards their vision and plan for the future.

THE WINTERS EXPERIENCE is a contemporary course that has been personally designed by Jason Winters – creator of The Jason Winters Contemporary Syllabus sold world wide exclusively through CSTD, Director of The Movement Experience, master teacher, mentor and contemporary dance choreographer. This one-of-a-kind pre-professional contemporary dance training is for young artists looking to push themselves in new directions technically, creatively, and holistically. A collection of concepts, practical classes and experiences are designed to develop both mental and physical balance, strength and coping skills needed to succeed in the global world of contemporary dance. The Winters Experience also has permanent and guest faculty who will lead sessions in how to develop and structure movement and choreography, mixed media photo shoots and video work.

SUBJECTS:
FULL TIME 2019

OPEN SCHOLARSHIP & AUDITION DAY

$15,000 IN 2019 SCHOLARSHIPS

Scholarship & Open Day
Sunday 24 June 2018, 9am - 3pm

Audition Day
Sunday 5 August 2018, 9am - 3pm

Take THE NEXT STEP in 2019 and prepare yourself for a career in the creative arts.

Join the TNSPA PRO FULL-TIME course or COLLEGE OF PERFORMING ARTS and train in all areas of the entertainment industry.
The ability to successfully prevent and manage injury is paramount to a performer’s success within a full time course. We know that on average 76% of full time dancers will report an injury in any one year. The reality is that at some stage most full time dancers will face the challenges that come with managing injury whilst participating in full time dance. It’s important then to recognise some of the most common dance injuries, and to understand how to both avoiding them and managing them if they occur.

A range of injuries can occur in full time dance...

Some injuries are common, others are rare. Most are very different to those experienced in other sports. The table on the opposite page provides an overview of the common injuries that can affect the full time dancer. But let’s look at two of these dance injuries in more closely.

**STRESS FRACTURE BASE 2ND METATARSAL**

**FEELS LIKE**
Cramping or aching pain at the arch or midfoot area, often aggravated by pointe work, and worsens throughout class. First steps of the day are uncomfortable and quite sharp through the midfoot; metatarsal bones may be tender to touch, particularly at the midfoot region.

**HOW IT’S DIAGNOSED**
Physician will palpate the metatarsal bones throughout their length and run clinical tests to exclude a range of other injuries; usually confirmed by X-ray plus CT scan or MRI.

**MANAGING THE INJURY**
This will depend on whether the bone is showing early signs or stress, or has fractured completely. For a complete fracture, management usually includes 4 weeks non-weight bearing, followed by 2 - 3 weeks progressively increasing weight allowed through that foot while wearing a rigid soled shoe. After pain free walking is established, the dancer can usually expect a further 8-12 weeks to gradually return to full dance. This injury has a protracted recovery time, but when treated proactively the return to dancing can often see the dancer stronger and with more assured technique.

**PREVENTION**
Managing the load and intensity of dancing each week is key to preventing overload through these bones. Build up to a full time load gradually, ensuring that each week increases by no more than 15% dance load from the previous week. When you are returning to dance following a break, ensure you give yourself time to build back into a full load. Increase calf strength and endurance as evidence shows that the stronger your calf muscles, the less likely you are to suffer any type of lower limb injury. Ensure you have strong foot intrinsic muscles to support your arch and metatarsals – eg. foot exercises like ‘doming’ should become part of your daily habit. Ensure you are not dancing in broken pointe shoes as this will cause your foot to collapse at the midfoot region and can increase the load on the metatarsal bases.

**POSTERIOR ANKLE IMPINGEMENT**

**FEELS LIKE**
Pinching pain at the back of the ankle, just behind the Achilles tendon; usually worst with pointing the foot or rising to demi pointe or pointe, but can also be painful with pushing into demi plié.

**HOW IT’S DIAGNOSED**
Clinical tests may be enough however if necessary an X-ray will demonstrate the bony anatomy that may be contributing to the impingement. An MRI, ultrasound or CT scan will show further detail and regarding bony stress and/or soft tissue involvement. A bone scan may be ordered in some instances if necessary.

**MANAGING THE INJURY**
Avoiding further aggravation means that a dancer needs a period of modified training. This means avoiding pointe work, but may also include a period of time doing flat barre and centre. If pointing the toes and plie are also painful, a period off dance altogether may be necessary to allow symptoms to settle. The length of this modified dance period depends on how long the symptoms have been present, and what the underlying mechanics of the ankle joint look like – eg. does the dancer have a bony restriction at the back of the ankle making it difficult to point the foot without impinging? Is there a technical fault that needs addressing? Graduated return to dance will occur once the physio is happy the ankle won’t be further aggravated. The dancer will have to demonstrate 180° range of ankle movement into pointe, 20 strong single leg rises to demi pointe, and full pain free demi plié before they are allowed to return to pointe work – this can take between 2 weeks up to several months.

**PREVENTION**
Strong calf muscles are key to ensuring that the ankle is well supported as the dancer rises to pointe. Perform single leg rises to pointe daily and know your baseline – eg. if you usually fatigue after 30 rises, but you start fatiguing at 20, this may be an early warning sign that your muscles are being overloaded. Keep foot intrinsic muscles strong; ensure you have adequate ankle range to keep your weight over the toe box en pointe; monitor your toe to wall distance and know your baseline. If this decreases it may be an early warning sign that your muscles are not coping. Maintain strong core and turnout muscles as a full time dancer as these help take load off the ankle.
by Katie Godwin & Deb Wright

“Build up to a full time load gradually, ensuring that each week increases by no more than 15% dance load from the previous week.”

TAKING HOME MESSAGE
Students dancing at full time loads need to invest time and energy getting to know their own bodies and how to manage them. What’s normal for another dancer may not be normal for you. It’s important to know when your body isn’t performing at its best.

Talking to your dance physio can help you discover your normal, and to learn the difference between hard work and potential injury. Remember, we’re here to help you avoid time off dance wherever possible, and to keep you dancing safely.

**FREQUENT DANCE INJURIES**

- Hip pinching with leg elevation, especially in développé a la seconde
- Ankle impingement – commonly at the back, but can also occur at the front of the ankle
- Lateral ankle sprains
- Patellofemoral Pain Syndrome – pain beneath the kneecap
- Back sprains of either the muscles or joint – occurs during elevation of the legs, especially derrière
- Big toe tendon strains (flexor hallucis longus) – pain behind the Achilles
- Sesamoiditis – presents as pain underneath the big toe joint
- Growth related injuries: Knee (Osgood Schlatters); Heel (Severs); Metatarsal (Freibergs)
- High hamstring and groin muscle tears

**LESS COMMON DANCE INJURIES**

- Shin pain with jumping
- Bone stress in the foot
- 2nd metatarsal stress fractures
- Back stress fractures – pars fractures
- Labral tears of the hip
- Shoulder injuries in male dancers typically from lifting
- Acute fractures – especially in 5th metatarsal and toes

**SERIOUS DANCE INJURIES**

- Mid foot ligament sprains
- Nerve injuries
- Prolapsed or herniated disc in lumbar spine
- Hip growth plate disruption: Slipped Capital Femoral Epiphysis

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Katie Godwin – APA Titled Sports Physiotherapist & Principal at Kinetica Physiotherapy
Deborah Wright – APA Titled Musculoskeletal Physiotherapist & Principal at Kinetica Physiotherapy
At Kinetica, the physiotherapists are recognised experts in dance physiotherapy. From everyone at Kinetica Physiotherapy, we wish you the very best with your transition to full time dance. Please let us know if we can help you.

kineticaphysiotherapy.com.au  enquiries@kineticaphysio  (02) 9948 6188
COURSES:
Advanced Diploma of Performing Arts  [52749WA]
Diploma of Performing Arts  [52748WA]
Diploma of Dance Teaching & Management  [CUA50313]
Certificate IV in Dance Teaching & Management   [CUA40313]
Certificate III in Dance  [CUA30113]
Certificate II in Dance    [CUA20113]

AUDITION DATE:
November to December 2018 at the Leederville Campus

COURSE DESCRIPTION:
INTERNATIONALLY RECOGNISED – WORLD CLASS TEACHERS – COURSES TO SUIT
Set yourself apart with Western Australia’s highly regarded full time training institution. Principal Academy graduates have forged successful careers both nationally and internationally in musical theatre, cruise ships, resort parks, film and television. Our alumni success is the biggest indicator of our incredible training standard with graduates that include 13 Reasons Why star Katherine Langford; How to Solve a Problem Like Murder’s Isaac Money; Celebrity Cruises Dance Captain Brooke Barlow and Disneyland Paris Dancer Siobhan Richards.
Principal Academy courses are tailored to provide students with the technical and performance skills necessary to reach their full potential. Students have the option to major in dance, musical theatre or acting, choosing a path that builds on existing abilities. Courses are designed to ultimately strengthen all three disciplines to produce true ‘triple threat’ performers. A comprehensive range of units are available within the structure of each course, creating highly skilled and versatile graduates, armed with a valuable competitive advantage when entering the industry.

SUBJECTS:
Students enhance and refine performance technique through an intensive curriculum that focuses on dance technique, musical theatre, acting techniques, improvisation, vocal skills & performance. Principal Academy understands that the modern performing arts industry demands highly versatile and adaptable artists. Being skilled in multiple areas increases career opportunities and we aim to provide students with every advantage when it comes to securing valuable and rewarding employment.

TEACHERS:
Principal Academy students receive the benefits of world-class training from our exceptional teaching faculty. Our trainers have extensive careers performing at the highest national and international levels in many areas of the performing arts; they also maintain an active involvement in the industry both locally and abroad giving them valuable insights into current industry demands. In addition, visiting guest artists conduct master classes, providing students not only with the benefit of their highly developed skills, but also sharing accurate and up to date information about the realities of life as professional performers and the range of work opportunities students will encounter once they complete their training.

“My training at PAD completely prepared me for the tough mental and physical challenges of my contract. My body was accustomed to the rigorous demand required for the production shows and I had learnt how to condition myself to be able to maintain this throughout the nine months. I am so thankful for my time at PAD and I would not be where I am today without the training and support I received.”

- Kaitlyn Barnard
(Carnival Cruise Lines dancer)
PRINCIPAL ACADEMY
OF DANCE & THEATRE ARTS

SET YOURSELF APART FROM THE REST

2 Year Advanced Diploma of Performing Arts
1 Year Diploma of Performing Arts
1 Year Certificate II & III in Dance
Major in Dance, Musical Theatre or Acting

APPLY TODAY

OUR COURSES
Our full-time accredited courses are tailored to provide students with the technical and performance skills needed to ultimately strengthen their abilities in all three disciplines, to produce true ‘triple threat’ performers.

It’s Your Future...

ABOUT US
Established in 2008, Principal Academy is one of Australia’s leading vocational training organisations for the performing arts.

187 Carr Place, Leederville, Western Australia 6007
(08) 9228 8600

RTO Provider Code 52073

www.principalacademy.wa.edu.au
SPECTRUM DANCE
Delivered via RTO 31624 & 3059

COURSES:
Certificate III in Dance  [CUA30113]
Certificate IV in Dance  [CUA40113]
Diploma of Musical Theatre  [CUA50213]
Diploma of Dance (Elite Performance)  [CUA50113]
Spectrum Professional Program – 1 year

AUDITION DATES:
Online application must be received to secure and audition. Numerous auditions held throughout the year.
Please contact ftc@spectrumdance.com.au for information.

COURSE DESCRIPTION:
Spectrum Dance is a professional program that offers immersive courses where performers are prepared for immediate entry into the industry. Spectrum Dance courses draw on the students’ strengths, and nurtures their weaknesses to produce accomplished performers, with technique grounded in knowledge, creativity, and exploration. With resident faculty, and guest lecturers, Spectrum creates an authentic environment, where students are taught by current industry creatives, establishing invaluable contacts before even graduating.

We believe the key to our students’ success is to provide individually tailored training that develops advanced performance techniques in all facets of dance, singing and acting. In addition to these core skills, Spectrum Dance provides opportunities to engage in the entertainment industry, through an Industry-Based Learning program with Spectrum Talent Agency, placing our students at the forefront of their peers.

The directors Trish Squire-Rogers and Katie Rappel work closely with their faculty of highly acclaimed dancers, choreographers and instructors to deliver the most outstanding accredited full-time dance course within Australia.

Spectrum graduates enjoy world wide success in the performing arts industry, where graduate employment has included: Moulin Rouge (Paris), The Palazzo (Germany) Cesar Palace (Paris), Euro Disneyland, Universal Studios Japan, Norwegian Cruises, Royal Carribean Cruises, Celebrity Cruises, Melbourne Storm Cheerleader NRL, West Side Story, In the Heights, Moonshadow the Musical, and Showtime Attractions.

SUBJECTS:
Spectrum Dance covers a range of subjects to ensure that students receive tuition in all performance elements to ensure their personal success. These include: Classical Ballet, Pas de Deux, Jazz Technique/Progressions, Jazz Fusion, Hip Hop/Funk, Tap (traditional/street/funk), Modern/Contemporary, Lyrical, Commercial, Pilates, Stage Makeup, Singing (group/private), Drama, Acrobatics, Stagecraft, Musical Theatre, Partnering, Business Management, Industry Knowledge, Choreography, Fitness Training, and Auditioning techniques.

TEACHERS:

“Spectrum Dance is the perfect place that bridges the gap from pre-professional to stepping into the ‘real world’. With the incredible faculty, timetable and facilities, Spectrum Dance provides the unique opportunity to meet and learn from some of Australia’s best industry, choreographers, directors, musical directors and many more. Spectrum provides a safe environment to learn, train, grow and encourages an excellent work ethic. Directors Trish Squire Rogers, Katie Rappel and Stephen Wheat uphold and instill key elements that not only teach us how to secure a job in the industry but maintain constant work with a constant drive, determination and personal motivation. A valuable lesson, that our overall work ethic is a fundamental key to success!”

- Kiara Kieser
2008 graduate
BE SEEN @

Spectrum DANCE

AUDITION NOW

spectrumsdance.com.au

CONTACT US
Phone 03 9830 6588
Mobile 0499 901 393
Email ftc@spectrumdance.com.au
COURSES:
Advanced Diploma in Dance [CUA60113]
ArtistPro Full Time Dance
ArtistPro Transition
ArtistPro Youth Transition

AUDITION DATES:
Private auditions can be arranged upon request.

COURSE DESCRIPTION:
Sydney College of Dance offers a professional Full Time Dance & Transition program for students aged 11-20 years. The internationally renowned syllabus – ArtistPro International – optimally prepares pre-professional students for an international career in ballet and contemporary companies.

The ArtistPro Full Time Dance and Transition Program (APP) has been created to enable graduates to emerge as complete dancers who are ready to work and succeed in a professional dance environment. Dancers will achieve a strong adaptable technique, develop their own individual artistry and will be guided to achieve the psychological and emotional readiness needed to enter the professional dance world. Students will be individually prepared for mid-year assessments, RAD exams, professional school and company auditions, scholarships, national and international competitions such as: Prix de Lausanne (Switzerland); Alana Haines (New Zealand); YAGP (USA); Sydney Scholarship; & The Genée International Ballet Competition (RAD).

The focus of our program is always on the individual. Class numbers are kept small to meet the needs of each student and recognise and nurture individual talent and potential. Regular opportunities to discuss and set long and short term goals will be an integral facet of the program. Students are given access to professional guidance regarding auditions, CV preparation, DVD production and portfolio photos. Safe dance and injury prevention are important aspects of a professional career. We have an onsite dance physiotherapist and Pilates instructor to support and educate students in management of their physical needs.

International Tour 2019/20:
We are organising overseas tours and private auditions for students who would like to apply for international schools and audition for companies. This will help students to build their own professional network with directors and choreographers, which will increase their chances for a successful start to their career.

Sydney Ballet Theatre – Youth Company:
SCD is offering full time dance students and transition students a professional company platform to work with artistic directors and choreographers to grow into the role of a professional dancer.

SUBJECTS:

“The impact that Gregor and Xanthe had upon my life is still being written. In the six months that we worked together, it is no understatement to say that the entire course of my career shifted.”

- Louisa Poletti
(Soloist at Theatre Regensburg, Germany)

“SCD gave me a huge insight into the professional world of dance. Their vast knowledge of the industry gave me the confidence to take on their advice and actively go out and pursue a career in the arts.”

- Chloe Bayliss
(Actor, Choreographer, Dancer, Helpmann Award nominee)
CREATING SUCCESSFUL FUTURES FOR OUR
ASPIRING YOUNG ARTISTS

ArtistPro International®
Be optimally prepared to succeed in international ballet and contemporary companies:
ArtistPro International
ArtistPro Full Time Dance
ArtistPro Transition
ArtistPro Youth Transition
*For the ages of 11 to 20

Offering national accredited qualification in dance for 2019°
ADVANCED DIPLOMA OF DANCE - CUA60113
*Auspice arrangement with ATOD (RTO 01084)

Sydney Ballet Theatre - Youth Company
Tours to Europe and USA

AUDITION NOW FOR 2018 AND 2019
sydneycollegeofdance.com
COURSES:
Full Time Cygnet Program
Full Time Classical Ballet Program
Full Time Dancers Program
Full Time Pre-Professional Program

AUDITION DATES:
Sydney: Sunday 23rd September 2018
Perth: Sunday 14th October 2018
Brisbane: Sunday 28th October 2018

COURSE DESCRIPTION:
NEW Full Time Cygnet Program — (1-2 year pre-full time program) Specifically tailored to the younger full time student, keeping in mind their physical and emotional readiness for full time training. This reduced full time program offers classical ballet, pointe, repertoire, contemporary, character, Pilates, PBT and increased time for on-site academic studies.

Full Time Classical Ballet Program — (23 year program - depending on age and progress) Providing comprehensive and holistic training and coaching in classical ballet, RAD & Cecchetti Syllabi offered, contemporary, repertoire, pas de deux, character, Pilates, PBT, academic studies, body and mind conditioning, nutrition and anatomy.

Full Time Dancers Program — (2-4 year program) Founded on solid classical ballet training with greater exposure to contemporary ballet repertoire and technique. This program includes classical ballet, pointe, contemporary, repertoire, improvisation, jazz, musical theatre, Pilates, PBT, anatomy and nutrition, career development with exposure to international contemporary dance teachers, companies, choreographers and directors.

Full Time Pre-Professional Course — The Pre-Professional Course is designed for students having already completed a minimum of 2 years of full time training and provides the necessary coaching and guidance to prepare a student for company level auditions and entry.

SUBJECTS:
Classical ballet, Character, Pas de Deux, Contemporary, Pointe classes, Male coaching, Repertoire, Dance History, Anatomy, Dance Psychology, Health and Nutrition, Pilates, limber/stretch and conditioning, Progressing Ballet Technique (PBT), private coaching for competitions, examination preparation for RAD and Cecchetti examinations through to Solo Seal level, on-site academic tutoring, lectures in nutrition and anatomy and on-site physiotherapists.

TEACHERS:
Artistic Director: Lucinda Dunn OAM

“Studying at TPA is very special to me. Ever since I was young, I had wanted to be coached by Lucinda Dunn. My dream came true! I love all aspects of the full time program as it is very diverse and covers all different styles that we need to be a professional dancer. TPA is very welcoming and I felt that helped me feel comfortable when I first moved when I was just 13. I have made a lot of great friends during my time here and I won’t forget the memories that the academy has created for me.”

- Lucinda Worthing Shore
Current Level 2 full time student
TANYA PEARSON ACADEMY
ARTISTIC DIRECTOR LUCINDA DUNN OAM

Junior & Senior Transition Programs
NEW Full Time Cygnet Program (12-13yrs)
Full Time Classical Ballet Program
Full Time Dancers Program

2019 FULL TIME AUDITION DATES
Sydney: Sunday 23 September 2018
Perth: Sunday 14 October 2018
Brisbane: Sunday 28 October 2018

REGISTER NOW! auditions@classicalcoaching.com
COURSE:
Certificate IV in Dance  [CUA40113]
Certificate IV in Dance Teaching Management  [CUA40313]
Diploma of Musical Theatre  [CUA50213]
Diploma of Dance (Elite Performance)  [CUA50113]
Village Nation College (Performing Arts High School)

AUDITION DATE:
Sunday 2nd September 2018

COURSE DESCRIPTION:
At Village Nation we provide our students with the best all rounded education to prepare them fully for a professional career in the performing arts industry.

Our Full Time courses are the perfect training course for those looking to expand their skills in all styles of the performing arts.

Our aim is to provide the best performance training and experience, coupled with a strong focus on mental and spiritual wellbeing to ensure each student is adequately prepared for the rigours of the performing arts Industry.

Throughout the year you will work with Australia’s most prestigious and experienced industry specialists, as well as the best up-and-coming choreographers. In addition to the best training available, through our widespread industry connections the students get frequent performance opportunities at large scale events.

Village Nation currently operates from a state-of-the-art studio in Alexandria, with all 7 studios custom-built with sprung Harlequin floors, mirrors, sound systems, and audio/visual equipment.

The campus is well serviced by public transport, with bus and train services, and Green Square station is only a short 8 min walk. Students are eligible to apply for Concession Opal Cards. Students in the full-time course may apply for Youth Allowance, Austudy and Abstudy.

SUBJECTS:
Develop Dance Partnering Technique; Develop expertise in jazz dance technique; Develop expertise in street jazz technique; Develop expertise in dance performance technique; Develop expertise in ballet technique; Develop expertise in contemporary dance technique; Develop expertise in tap dance technique; Develop Self as Artist; Develop choreography skills; Create and perform dance pieces; Refine movement skills for performance; Rehearse technique for performance; Develop expertise in musical theatre; Apply movement and behavioural principles to physical conditioning; Contribute to the organisation of productions; Facilitate inclusion for people with a disabilities; Operation application software packages; Apply legal and ethical instructional skills; Provide first aid; Design and develop learning programs; Assess competence; Plan assessment activities and processes.

"Village Nation College has definitely changed my life. I love waking up everyday and getting to spend my days in such a friendly and safe environment where I am able to be myself and creative, while also getting an education. At the College we are so lucky to get to learn from so many industry professionals and I am continuously inspired not only by the incredible faculty but also by my peers who have become my second family. Village Nation College is so beneficial for young artists to grow as performers and it also allows students to learn life skills that are required when entering the industry as a professional. I absolutely love attending Village Nation College and wouldn’t trade the experience for the world!"

- Tiana Vassallo
Yr 9 student at Village Nation College
FULLTIME & COLLEGE AUTIONS
SEPTEMBER 2ND
REGISTER NOW!

-Fulltime Cert IV in Dance CUA40113
-Fulltime Diploma of Musical Theatre CUA50213
-Fulltime Diploma in Dance CUA50113
-Fulltime Cert IV in Dance
Teaching Management CUA40313
-Village Nation College
- Part Time Classes
- Elite Classes
- Recreational Classes
- Private Training
- VNA Talent Agency

DISCOVER YOUR POTENTIAL

www.villagenation.com.au || 02 9043 338
WESTERN AUSTRALIAN ACADEMY OF PERFORMING ARTS

RTO 4756 & CRICOS IPC 00279B

COURSES:
Bachelor of Arts (Dance)
Bachelor of Arts (Dance) Honours
Master of Arts (Performing Arts)
Diploma of Dance (Elite Performance) [CUA50113]
Advanced Diploma of Dance (Elite Performance) [CUA60113]

AUDITION DATES:
WAAPA OPEN DAY: Sunday 12th August
ADELAIDE: Monday 24th Sept SYDNEY: Tuesday 25th Sept CANBERRA: Wednesday 26th Sept
MELBOURNE: Thursday 27th Sept BRISBANE: Friday 28th Sept DARWIN: Saturday 6th Oct
PERTH: Thursday 25th Oct for Diploma of Dance (Elite Performance) & Friday 26th Oct for Bachelor of Arts (Dance)

COURSE DESCRIPTION:
WAAPA’s Dance programs prepare classical & contemporary dance students with a breadth of skills to prepare them for a seamless transition into the profession. WAAPA’s Dance programs are practice and performance based, with students averaging 35-40 contact hours per week. Students get daily tuition from professionally credentialed teaching staff plus three performance seasons per year and the opportunity to work with visiting national and international choreographers. Recent guest choreographers included Rafael Bonachela, Leigh Warren, Richard Cilli, Natalie Allen, Ori Flomin, Gareth Belling, Nils Christe, Amaury Lebrun and Oded Ronen.

Diploma of Dance (Elite Performance) — (1yr) The first year of the vocational dance program. A performance-focused course, providing intense technical & stylistic practical experience through class & performance opportunities. Students study Ballet, Pointe, Pas de deux, Repertoire, Solos & Performance. Areas of study include Contemporary, Choreography, dance history, music for dance, anatomy & nutrition.

Advanced Diploma of Dance (Elite Performance) — (1yr) The second year of the vocational dance program. It takes a holistic approach to the needs of the dancer of the future, building the skills required for lifelong sustainability in the dance profession. The course encourages dancers’ individuality, confidence, flair & creativity. Students study Ballet, Pointe, Pas de deux, Repertoire, Solos & Performance, Contemporary, Choreography, dance history, music for dance & other related physical disciplines including body conditioning.

Bachelor of Arts (Dance) — (3yrs) Challenging course for students wishing to continue ballet/contemporary studies at a professional level & encouraging students to pursue individual goals as performers, choreographers, educators, researchers or administrators. Study includes Contemporary, Ballet, Performance, Choreography, dance history, music, acting, yoga, aerial, tumbling, Feldenkrais, alignment & body conditioning. A range of international exchange programs is offered with opportunities to perform internationally & to seconde with major Australian companies.

Bachelor of Arts (Dance) Honours — (1yr) Honours at WAAPA are offered in two modes: Company Research & Individual Research. Company Research involves being a member of LINK Dance Company for the year. There is also a professional development component that is undertaken in an international setting each year.

Master of Arts (Performing Arts) — (2yrs) Entry by audition, interview & research project proposal. This program operates as a Masters by Research project in conjunction with LINK Dance Company. Artists interested in developing their performance skills & choreographic voice should apply. This course is unique for its ‘work place’ learning model, embedding dance-making practice with world class teaching staff, national & international visiting artists.

TEACHERS:
Nanette Hassall, Kim McCarthy, Andries Weidemann, Danielle Hunt, Justin Rutzou, Michael Whaites, Sue Peacock, Jayne Smeulders, David Mack, Kynan Hughes, Claudia Alessi, Brooke Leeder.

"WAAPA has been such a fantastic institution for me to study at! Being able to complete a Diploma, Advanced Diploma and then articulate into a Bachelor of Arts (Dance) is just amazing. The dance faculty is outstanding and is really helpful with guiding everyone on their own individual journey. An example of this was having their wholehearted support in entering me in the Genée International Ballet Competition last year, where I was selected as a finalist to perform at the Sydney Opera House."

- Evelyn Roberts
WAAPA Dance student
WESTERN AUSTRALIAN ACADEMY OF PERFORMING ARTS

DANCE AT WAAPA
APPLY NOW

WAAPA DANCE COURSES
Bachelor of Arts (Dance)
Bachelor of Arts (Dance) Honours
Master of Arts (Performing Arts)
Diploma of Dance (Elite Performance) CUA50113
Advanced Diploma of Dance (Elite Performance) CUA60113

WAAPA DANCE AUDITIONS FOR 2019 INTAKE

ADELAIDE  Monday 24 September
SYDNEY  Tuesday 25 September
CANBERRA  Wednesday 26 September
MELBOURNE  Thursday 27 September
BRISBANE  Friday 28 September
DARWIN  Saturday 6 October
PERTH  Thursday 25 & 26 October

WAAPA OPEN DAY: Sun 12 August

Edith Cowan University, 2 Bradford St, Mt Lawley
APPLY NOW!
For more info contact Student Recruitment
Telephone: 134 328
Email: futurestudy@ecu.edu.au

waapa.ecu.edu.au
“Everyone is noticed at Ettingshausens PRO. You will train with leading industry mentors and choreographers, connect with agents, take auditions, learn how to stay healthy, both physically and mentally; develop your own personal brand; and gather valuable life skills that will help you succeed in today’s performing arts industry.”

- Natalie Ettingshausens, Director

“Dance Force prides itself on producing versatile, humble, industry-ready professionals. We differ from a lot of other full-time institutions by accepting only ONE elite full time group. This gives teachers the time to really get to know each individual student and give each student the time needed to ensure they have achieved all their goals for their full time training. You will be exposed to the most sought after industry professionals in every genre but most importantly you are joining a family that will be there for you not just in your time of training but forever.”

- Nicole Wells, Director

“Our mission has been to create, enhance, and elevate the profile of Performing Arts in Australia and internationally … We are passionately committed to striving for brilliance. Our graduates become employed performers and are working in every single area of the performing arts. Directors William Forsythe, Elena De Cinque and Mario De Cinque pride themselves on all the graduates working globally including all at international theme parks, cruise ships, the Moulin Rouge, London’s West End and Broadway in New York. Anyone who has passed through the EDSINTERNATIONAL famous red doors for the past 18 years will tell you that we pride ourselves on being a family. We relish in hearing all the wonderful news we receive from graduates and keep in close contact with them about auditions, work opportunities and anything else we can to assist in their careers.”

- Elena De Cinque, Founder & Director

“More than one. More than one hundred. Brent Street is thousands of people who have come together over three decades to create the most inspiring, nurturing and professional performing arts training centre in Australia.”

- Lucas Newland, Director

“Dynamite Studios Academy’s vision is to empower students to dream, believe and achieve in a safe and supportive environment. Our educators and trainers are industry professionals who are committed to cultivating the skills you need to build a career that has longevity and equip students with the skills they need to thrive in the 21st century.”

- Abbe Bradbury, Founder/Artistic Director

“At ACPE you can follow your passion for dance and realise your dream of pursuing a rewarding and long-term career in the dance industry. The balance of current contemporary practice and theory prepares job-ready graduates via three courses: the Bachelor of Dance Practice integrates graduates into a variety of leadership roles through dance industry placements, the Bachelor of Dance Education fully qualifies graduates to teach Dance and PDHPE curriculum in high schools, and the Bachelor of Health Science (Dance) provides a pathway into the interdisciplinary field of dance and science.”

- Diane Grant, Head of Department, Dance

“Dynamite Studios Academy’s vision is to empower students to dream, believe and achieve in a safe and supportive environment. Our educators and trainers are industry professionals who are committed to cultivating the skills you need to build a career that has longevity and equip students with the skills they need to thrive in the 21st century.”

- Abbe Bradbury, Founder/Artistic Director

Australian College of Physical Education
OTHER PROVIDERS OF FULL TIME DANCE, MUSIC THEATRE & PERFORMING ARTS COURSES AND TRAINING IN AUSTRALIA & NZ

**NSW:**
- Academy Ballet
- Academy of Music & Performing Arts (AMPA)
- Alegria Dance Studios
- Angus & Lucinda’s Académie de Danse
- Australian Performing Arts Grammar School
- Classical Ballet 121
- Dance Dr.
- Danceworks Sydney
- Dargie Entertainment
- Etoiles Vocational Dance Training
- First Position Australia
- Joanne Grace School of Dance
- Lamont Dance Theatre
- NISDA College
- National Institute of Dramatic Arts (NIDA)
- Palm Tree Studios
- Redlands Ballet & Dance Academy
- Sydney Ballet School (Mosman Dance Academy)
- The Theatre Factory
- Vocational Ballet College

**WA:**
- Australian Performing Arts Network (APAN)
- Charlesworth Ballet Institute
- Dynamic Performing Arts
- John Curtin College of the Arts
- Pevnev Ballet Academy
- The Perth School of Ballet
- The West Australian School of Dance

**QLD:**
- Academy of Dance and Musical Theatre
- Aeriel Angels Academy
- Amanda Bollinger Dance Academy
- Annette Roselli Dance Academy
- Arete Academy of Arts
- Atelier Australia
- Australian Dance Performance Institute
- Brisbane Academy of Musical Theatre
- Conroy Performing Arts College
- CQ University
- DLDC
- Elite Dance Institute
- En Pointe Dance Centre
- Griffith University
- Hervey Bay Performing Arts College
- Ikin Dance
- Janine McGrath Classical Coaching Australia
- Kelvin Grove Dance Excellence Programs
- Launch Performing Arts Centre
- Mad Dance House
- Noosa Professional Dance Academy
- Ormeau Woods State High School
- Promenade Dance Studio
- Queensland Ballet
- Queensland Ballet Academy
- Queensland National Ballet School
- Queensland University of Technology (QUT)
- Queensland World Dance Academy
- Raw Dance Company
- Strictly Dance

**SA:**
- Adelaide College of the Arts (TAFE SA)
- Australian Company of Performing Arts
- Australian National Academy of Dramatic Art
- Australian National Institute of Performing Arts
- Flinders University
- Mitcham Dance
- Star Academy
- Terry Simpson Studios
- University of South Australia

**ACT:**
- Bom Funk Dance Studio
- Canberra Academy of Dramatic Art
- Canberra Dance Development Centre

**VIC:**
- Ballet Theatre Australia
- Berwick College Dance Academy
- Dance Factory
- Dance World Studios
- Deakin University
- GOTAFA’s Regional Academy of Dramatic Arts
- Jane Moore Academy of Ballet
- Kelly Aykers Full Time Dance
- Left Leg Studios
- Melbourne Academy of the Arts School of Dance
- Melbourne City Ballet
- Melbourne Institute of Classical Arts
- Melbourne School of Classical Dance
- Patrick Studios Australia
- Russian Choreographic Academy
- Sydney Dance Company
- The Australian Ballet School
- The Australian Conservatoire of Ballet
- The Melbourne Theatre Company
- The Northern College of the Arts and Technology
- The Space Dance & Arts Centre
- Transit Dance
- Victorian College of the Arts
- Victorian State Ballet

**NZ:**
- Apollo Theatre Studios Canterbury Ballet
- Excel School of Performing Arts
- Hagley Dance Company
- KMS Dance Studio
- Manukau Institute of Technology
- National Academy of Singing and Dramatic Art
- New Zealand School of Dance
- Pacific Institute of Performing Arts
- Unitec Institute of Technology
- University of Auckland
- University of Otago
- University of Waikato
- Whitireia Performing Arts
DanceLife Australia

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